



DR. BHIMRAO AMBEDKAR UNIVERSITY, AGRA

(Formerly Agra University, Agra)

A+ Accredited by NAAC

Report on

Sustainable Development Goal 3



SDG 3 GOOD HEALTH AND WELL-BEING

Ensure healthy lives and
promote well-being for all at all ages

SDG 3: GOOD HEALTH AND WELL BEING

1. INSTITUTIONAL CONTRIBUTION TO SDG 3

Dr. Bhimrao Ambedkar University, Agra has developed a comprehensive academic ecosystem that advances the objectives of Sustainable Development Goal 3 (Good Health and Well-being) through multidisciplinary education, research, and skill development. The University offers diverse undergraduate, postgraduate, diploma, and professional programmes associated directly to healthcare, pharmaceutical sciences, nutrition, physical fitness, environmental health, life sciences, and community well-being. These programmes provide scientific knowledge, technical skills, and professional competencies to students required to address contemporary public health challenges and promote sustainable development.

The Institute of Pharmacy & Paramedical Sciences, Chhalesar Campus constitutes as the University's primary centre for pharmaceutical and healthcare education. It offers Bachelor of Pharmacy (B.Pharm), Bachelor of Pharmacy (Lateral Entry), Diploma in Pharmacy (D.Pharm), Doctor of Pharmacy (Pharm.D), Doctor of Pharmacy – Post Baccalaureate [Pharm.D (PB)], Master of Pharmacy (Pharmaceutics), Master of Pharmacy (Pharmaceutical Chemistry), and Master of Pharmacy (Pharmacognosy). Through these programmes, students receive specialised training in pharmaceutical sciences, drug development, patient care, and clinical practice, thereby making a significant contribution to healthcare delivery and public health.

The Department of Physical Education, Chhalesar Campus promotes physical fitness, sports education, yoga, and holistic well-being through Bachelor of Physical Education & Sports (B.P.E.S.), Bachelor of Physical Education (B.P.Ed.), Master of Physical Education & Sports (M.P.E.S.), Master of Arts in Yoga, and Post Graduate Diploma in Yoga. These programmes emphasise the importance of regular physical

activity, preventive healthcare, physical activity, and mental well-being among students and the wider community.

The School of Life Sciences, Swami Vivekanand Campus makes a significant academic contribution to SDG 3 by offering postgraduate programmes in Zoology, Botany, Environmental Science, Microbiology, Biochemistry, and Biotechnology. These disciplines provide an interdisciplinary foundation for understanding biomedical sciences, environmental health, disease prevention, microbiology, biotechnology, and sustainable healthcare solutions through teaching and research.

The Institute of Home Science, Swami Vivekanand Campus contributes directly to health promotion through academic programmes focused on nutrition, family health, community development, and food security. It offers B.Sc. (Home Science), M.Sc. (Home Science), M.A. (Home Science), B.Sc. (Hons.) in Nutrition and Dietetics, Post Graduate Diploma in Nutrition and Dietetics, Certificate Course in Food Processing and Preservation, and other specialised programmes. These programmes contribute directly to improving nutritional awareness, dietary practices, and public health outcomes.

The Department of Social Work, Institute of Social Sciences, Paliwal Park Campus strengthens the university's contribution to public and community health through its Master of Social Work (MSW) and MSW (Self-Finance) programmes, which prepare students to work in community development, public health, social welfare, rehabilitation, and health awareness initiatives. These programmes strengthen the University's engagement with society through community-based interventions and outreach activities.

At the undergraduate level, the Faculty of Arts offers a Bachelor of Arts (B.A.) programme with Psychology as one of its disciplines, providing students with an academic foundation in human behaviour, psychological process and mental well-being.

The Faculty of Life Sciences, Khandari Campus offers undergraduate B.Sc. programmes in Zoology, Microbiology, Botany, Environmental Science, Biotechnology, and Biochemistry, providing students with a strong foundation in biological and health sciences and creating pathways for advanced research and professional careers in health-related fields.

Collectively, these institutes, departments, and academic programmes demonstrate Dr. Bhimrao Ambedkar University, Agra's commitment to advancing and fostering health education, scientific research, preventive healthcare, nutrition, physical fitness, mental well-being, and community engagement. Through this multidisciplinary academic framework, the University contributes meaningfully to the achievement of United Nations Sustainable Development Goal 3 – Good Health and Well-being, while preparing competent professionals and responsible citizens dedicated to improving the quality of life at local, national, and global levels.

Dr. Bhimrao Ambedkar University, Agra is having policy for good health and wellbeing - <https://www.dbrausdg.in/policies>

ABOUT POLICY

Health and well being support policy

POLICY DETAILS

1. POLICY STATEMENT

• This policy shall be called the “Health Benefits Policy of Dr. Bhimrao Ambedkar University, Agra.” The policy shall come into force from the date of its approval by the competent authority of the University. Dr. Bhimrao Ambedkar University, Agra recognizes that good health and well-being are fundamental to academic excellence, productivity, institutional growth, and quality of life. A healthy university community contributes significantly to effective teaching, learning, research, administration, and social engagement. The University is committed to promoting preventive healthcare, access to medical facilities, mental well-being, health awareness, and a safe campus environment through a comprehensive framework of health benefits and support services.

2. PURPOSE AND OBJECTIVES

The purpose of this policy is to:

- Promote physical, mental, and emotional well-being among all stakeholders.
- Facilitate access to healthcare services and health-related support.
- Encourage preventive healthcare and healthy lifestyle practices.
- Strengthen institutional mechanisms for health protection and emergency response.
- Foster a healthy, safe, and supportive campus environment.

The objectives of this policy are to:

- Provide access to basic healthcare and medical support facilities.
- Promote preventive healthcare through regular health awareness initiatives.
- Support mental health and psychological well-being.

Institute of Basic Science, University campus, Khandari, Agra



Institute Of Pharmacy And Paramedical Sciences, Challesar Campus



Home science Institute University campus, Khandari, Agra



Institute of Social Sciences, Paliwal Park Campus



2. RESEARCH ON GOOD HEALTH AND WELL BEING

Dr. Bhimrao Ambedkar University, Agra demonstrates a substantial research contribution towards **Sustainable Development Goal 3 (SDG 3): Good Health and Well-being** through its scholarly publications indexed in the Scopus database. The University has produced **1,344 Scopus-indexed publications**, representing a considerable and multidisciplinary research database. Within this overall research output, **148 publications have been identified as being related to SDG 3 – Good Health and Well-being**, demonstrating the University's continued engagement with health-related research and the broader objectives of sustainable development.

Dr B. R. Ambedkar University, Agra

Paliwal Park, Agra, UP, India ☎ 60103737

1,344

Documents ⓘ

338

Authors

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Documents Structure Collaborators Sustainable Development Goals

New: See at one glance Sustainable Development Goals mapped to this organisation

Sustainable Development Goals (SDGs) are specific research areas that are helping to solve real-world problems. Elsevier data science teams have built extensive keyword queries, supplemented with machine learning, to map documents to SDGs with very high precision. Times Higher Education (THE) is using Elsevier SDG data mapping as part of its Impact Rankings. [More about SDGs ↗](#)

SDG contributions

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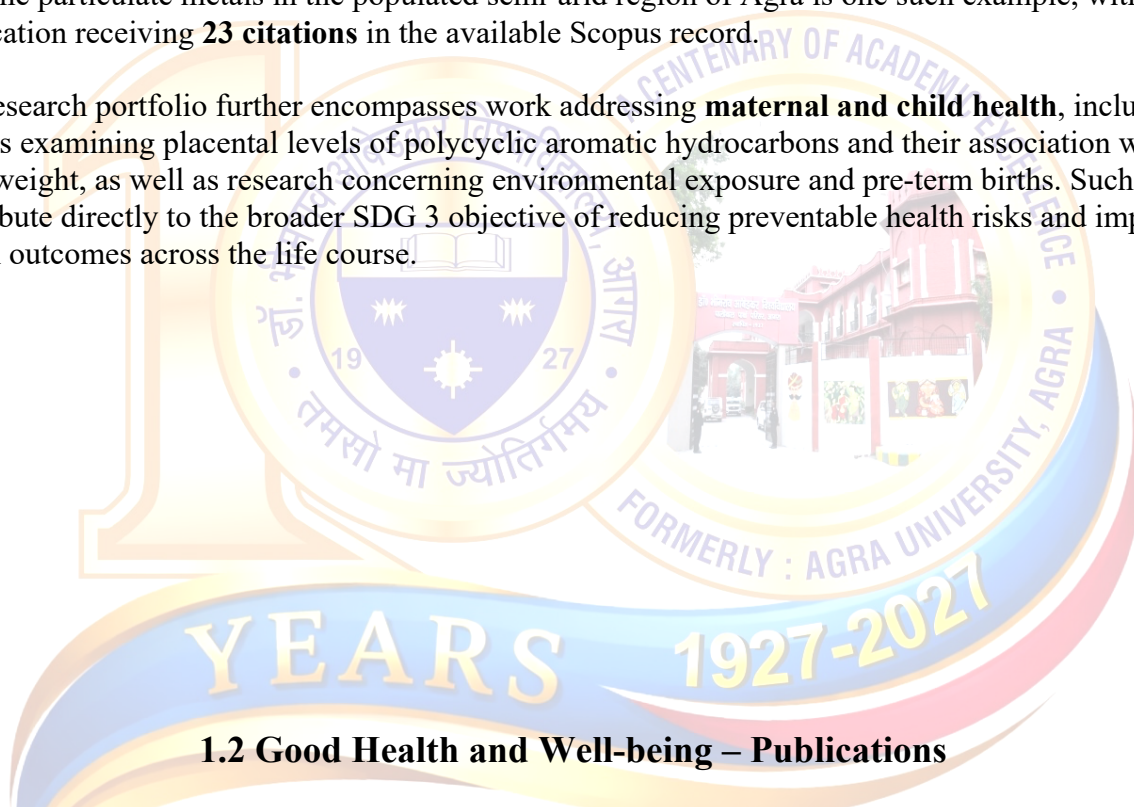
 Goal 1: No poverty	1 document	 Goal 10: Reduced inequalities	3 documents
 Goal 2: Zero hunger	29 documents	 Goal 11: Sustainable cities and communities	54 documents
 Goal 3: Good health and well-being	148 documents	 Goal 12: Responsible consumption and production	27 documents
 Goal 4: Quality education	1 document	 Goal 13: Climate action	19 documents
 Goal 5: Gender equality	3 documents	 Goal 14: Life below water	7 documents
 Goal 6: Clean water and sanitation	25 documents	 Goal 15: Life on land	22 documents
 Goal 7: Affordable and clean energy	41 documents	 Goal 16: Peace, justice and strong institutions	3 documents
 Goal 8: Decent work and economic growth	32 documents	 Goal 17: Partnership for the goals	11 documents
 Goal 9: Industry, innovation and infrastructure	38 documents		

The identified SDG 3 research covers a broad spectrum of themes relevant to the achievement of healthy lives and well-being. These areas include **human health and disease, environmental health, air pollution and associated health risks, toxic and heavy-metal exposure, maternal and child health, cardiovascular health, cancer research, pharmaceutical and drug-related studies, antimicrobial research, neurological disorders, nutrition, oral health and disease prevention**. The diversity of

these publications indicate that the university contribution to SDG 3 that extends beyond conventional medical research and includes interdisciplinary research addressing environmental, biological, pharmaceutical and public-health dimensions of well-being.

A systematic examination of the Scopus dataset was undertaken to identify publications with a direct or significant association to SDG 3. Selected publications have been incorporated in the University's SDG 3 research evidence database and report. These include research on **cigarette-related heavy-metal toxicity and human health risks; particulate matter and respiratory health; health-risk assessment of airborne and soil contaminants in Agra and other regions; maternal exposure to pollutants and birth outcomes; blood-flow modelling relevant to cardiovascular conditions; cancer treatment and tumour modelling; pediatric oral health; periodontal disease; pharmaceutical and antimicrobial research; and neurological health**. Several publications investigate environmental health risks in **Agra and northern India**, including studies of particulate matter, airborne metals, indoor air pollution and human exposure. Research on the chemical characterisation and health-risk assessment of soil and airborne particulate metals in the populated semi-arid region of Agra is one such example, with the publication receiving **23 citations** in the available Scopus record.

The research portfolio further encompasses work addressing **maternal and child health**, including studies examining placental levels of polycyclic aromatic hydrocarbons and their association with infant birth weight, as well as research concerning environmental exposure and pre-term births. Such studies contribute directly to the broader SDG 3 objective of reducing preventable health risks and improving health outcomes across the life course.



1.2 Good Health and Well-being – Publications

No.	Author	Research Paper Title	Year	Journal / Source	Vol./Issue/Pages	Citations	DOI
1	Tiwari R.; Rajouriya K.; Saini R.; Singh	Health risk assessment and morphometric study of metal bounded ultrafine aerosol in Indo-	2025	<i>Journal of Atmospheric Chemistry</i>	82(1), Art. 6	0	10.1007/s10874-025-09471-8

	P.P.; Taneja A.	Gangetic Plain, India					
2	Singh A.; Kumar S.	Analysis of Newtonian and Non-Newtonian Blood Flow through Multiple Stenoses in Narrow Artery	2024	<i>South East Asian Journal of Mathematics and Mathematical Sciences</i>	20(1), 313–324	0	10.56827/SE AJMMS.202 4.2001.24
3	Sandal S.; Verghe e P.S.; Taneja A.; Massey D.D.; Habil M.	Cigarettes as a source of heavy metal toxicity: evaluating human health risks	2025	<i>Discover Public Health</i>	22(1), Art. 311	15	10.1186/s129 82-025- 00650-2
4	Parvee n R.; Saini R.; Taneja A.	Chemical characterization and health risk assessment of soil and airborne particulates metals and metalloids in populated	2018	<i>Environme ntal Geochemis try and Health</i>	40(5), 2021– 2035	23	10.1007/s106 53-016-9822- 4

		semiarid region, Agra, India					
5	Rajouriya K.; Pipal A.S.; Taneja A.	A review on sequential extraction of metals bound particulate matter and their health risk assessment	2024	<i>Journal of Atmospheric Chemistry</i>	81(1), Art. 7	4	10.1007/s10874-024-09460-3
6	Rajouriya K.; Taneja A.	Age-specific lobar and regional deposition of size-segregated particulate in a glass city of India and their health impact	2023	<i>Air Quality, Atmospheric & Health</i>	16(10), 2163–2176	13	10.1007/s11869-023-01368-?*
7	Tiwari R.; Singh P.P.; Taneja A.	Health Risk Assessment in Size Segregated PM at Urban Traffic Site in Agra	2020	<i>Indian Journal of Environmental Protection</i>	40(9), 934–940	3	—
8	Varshney P.; Bansal R.; Halve A.K.	Health Risk Assessment of Particulate Matter in Varied Micro-Environments	2020	<i>Indian Journal of Environmental Protection</i>	40(6), 584–589	0	—

	Taneja A.	of Gwalior – A Case Study					
9	Shikha; Taneja A.	Estimation of human airway deposition of size-segregated particulate and their health impact in monsoon and post-monsoon season in semi-urban area of northern India	2025	<i>Atmospheric Pollution Research</i>	16(1), Art. 102343	8	10.1016/j.apr.2024.102343
10	Pipal A.S.; Rohra H.; Tiwari R.; Taneja A.	Particle size distribution, morphometric study and mixing structure of accumulation and ultrafine aerosols emitted from indoor activities in different socioeconomic micro-environment	2021	<i>Atmospheric Pollution Research</i>	12(4), 101–111	28	10.1016/j.apr.2021.02.015

1	Rohra	Mass	2018	<i>Urban</i>	24, 139–	42	10.1016/j.ucl
1	H.; Tiwari R.; Khande lwal N.; Taneja A.	distribution and health risk assessment of size segregated particulate in varied indoor microenvironme nts of Agra, India – A case study		<i>Climate</i>	152		im.2018.01.0 02
1	Rajouri	Levels of	2023	<i>Pollution</i>	9(3),	7	10.22059/pol
2	ya K.; Dubey S.; Singh S.P.; Tripath i T.; John R.; Taneja A.	Particulate Matter, Black Carbon, and Toxic gases (O ₃ , NO ₂) in Taj City Agra and their Health Implications on Human Being			108–122		l.2023.35285 1.1731
1	Sharma	A study of	2018	<i>Urban</i>	24, 643–	26	10.1016/j.ucl
3	A.; Massey D.D.; Taneja A.	horizontal distribution pattern of particulate and gaseous pollutants based on ambient		<i>Climate</i>	656		im.2017.08.0 03

		monitoring near a busy highway					
14	Gautam S.; Prasad N.; Patra A.K.; Prusty B.K.; Singh P.; Pipal A.S.; Saini R.	Characterization of PM2.5 generated from opencast coal mining operations: A case study of Sonapur Bazari Opencast Project of India	2016	<i>Environmental Technology and Innovation</i>	6, 1–10	40	10.1016/j.eti.2016.05.003
15	Pipal A.S.; Kaur P.; Singh S.P.; Rohra H.; Taneja A.	Morphology, aspect ratio, and surface elemental composition of primary aerosol particles at urban region of India	2024	<i>Environmental Science and Pollution Research</i>	31(35), 47946–47959	6	—
16	Pipal A.S.; Singh S.; Satsangi G.P.	Study on bulk to single particle analysis of atmospheric aerosols at urban region	2019	<i>Urban Climate</i>	27, 243–258	18	10.1016/j.uclim.2018.12.008

17	Rajouriya K.; Pipal A.S.; Taneja A.	A review on sequential extraction of metals bound particulate matter and their health risk assessment	2024	<i>Journal of Atmospheric Chemistry</i>	81(1), Art. 7	4	10.1007/s10874-024-09460-3
18	Botle A.; Salgaonkar S.; Tiwari R.; Barabde G.	Unveiling heavy metal pollution dynamics in sediments of river Ulhas, Maharashtra, India: a comprehensive analysis of anthropogenic influence, pollution indices, and health risk assessment	2024	<i>Environmental Geochemistry and Health</i>	46(10), Art. 419	12	10.1007/s10653-024-02208-8
19	Botle A.; Salgaonkar S.; Tiwari R.; Barabde G.	Heavy Metal Pollution in River Ulhas, Maharashtra, India: Unraveling Contamination Dynamics	2025	<i>International Journal of Environmental Research</i>	19(3), Art. 88	11	10.1007/s41742-025-00754-2

		Through Pollution Indices, Multivariate Analysis, and Health Risk Assessment					
20	Agarwal P.; Anand M.; Chakraborty P.; Singh L.; Masih J.; Taneja A.	Placental levels of polycyclic aromatic hydrocarbons (PAHs) and their association with birth weight of infants	2022	<i>Drug and Chemical Toxicology</i>	45(2), 868–877	28	10.1080/01480545.2020.1783285
21	Anand M.; Taneja A.	Environmental exposure to organochlorine pesticides and pre-term births	2021	<i>Journal of Health and Pollution</i>	11(31), S56–S57	0	10.5696/2156-9614-11.31.S1
22	Kumar D.; Kumar S.; Deo N. et al.	Application of heat source and chemical reaction in MHD blood flow through	2021	<i>Results in Applied Mathematics</i>	10, Art. 100151	35	10.1016/j.rinam.2021.100151

		permeable bifurcated arteries with inclined magnetic field in tumor treatments					
2 3	Sharma M.; Halder M.; Kumar S.; Pandey S.K.	Analytical Solution of Cancer Cells Interaction with Virotherapy in the Framework of Fractional Derivative Operator	2024	<i>Progress in Fractional Differentia tion and Applicatio ns</i>	10(2), 287–294	0	10.18576/pfd a/100209
2 4	Gautam D.; Kumar S.; Sharma R.; Dixit D.	Exploring the impact of immune response on tumor heterogeneity through mathematical modeling	2024	<i>Exploration of Immunology</i>	4(4), 414–432	0	—
2 5	Singh N.; Fatima A.; Singh M.;	Exploration of experimental, theoretical, Hirshfeld surface, molecular	2022	<i>Journal of Molecular Liquids</i>	351, Art. 118670	13	10.1016/j.mo lliqu.2022.118 670

	Kumar M.; Verma I.; Muthu S.; Siddiqui N.; Javed S.	docking and electronic excitation studies of Menadione: A potent anti- cancer agent					
26	Goyal A.; Srivastava M.; Khanduja R.; Bharti K.	Comparative Evaluation of Efficiency, Efficacy, and Patient Perception of Caries Excavation Burs in Pediatric Patients: A Randomized Clinical Trial	2022	<i>Journal of South Asian Association of Pediatric Dentistry</i>	5(1), 11– 16	7	10.5005/jp- journals- 10077-3214
27	Tiwari G.; Singh G.; Shekhar R.; Tiwari R.	Development and qualitative evaluation of periodontal gel containing an antibacterial agent for	2022	<i>Research Journal of Pharmacy and Technolog y</i>	15(11), 5225– 5231	5	10.52711/097 4- 360X.2022.0 0880

		periodontal disease					
28	Kumar A.; Tiwari B.K.; Kumar S.	Evaluation of ocular films of ofloxacin for antibacterial activity	2018	<i>Internatio nal Journal of Applied Pharmace utics</i>	10(6), 275–289	4	10.22159/ija p.2018v10i6. 27188
29	Yadav S.; Jaiswar G.	Review on Undoped/Doped TiO₂ Nanomaterial; Synthesis and Photocatalytic and Antimicrobial Activity	2017	<i>Journal of the Chinese Chemical Society</i>	64(1), 103–116	135	10.1002/jccs. 201600735
30	Kumar D.; Shukla H.; Sharma N.	Antibacterial and morphological studies of plant- mediated synthesized CuO nanoparticles using Azadirachta indica (neem) leaf extract	2022	<i>Internatio nal Journal of Nano Dimension</i>	13(2), 197–204	12	10.22034/IJ ND.2022.686 826

31	Singh K.; Singh A.P.	Computational Investigation of FDA-Approved Compounds for Thiol Reductase Inhibition To Overcome Amebiasis Using Docking and SMD-based Simulation Analysis	2026	<i>Journal of Pharmaceuti- cal Innovation</i>	21(2), Art. 159	0	10.1007/s12247-026-10401-8
32	Agarwal N.; Fatima A.; Bhattacharya P.; Muthus S.; Arora H.; Siddiqui N.; Javed S.	Evaluation of experimental, computational, molecular docking and dynamic simulation of flucytosine	2023	<i>Journal of Biomolecular Structure and Dynamics</i>	41(20), 10430–10449	6	10.1080/07391102.2022.2159530
33	Fatima A.; Khanum G.;	Experimental Spectroscopic, Computational, Hirshfeld	2023	<i>Polycyclic Aromatic Compounds</i>	43(2), 1263–1287	29	—

	Sharma A.; Siddiqui N.; Butcher R.J.; Srivastava S.K.; Javed S.	Surface, Molecular Docking Investigations on 1H-Indole-3- Carbaldehyde					
34	Singh S.; Agarwal N.	Study the Pharmacognostic Profile, Antiradical and Hepatoprotective Potential of Carissa carandas Linn. Fruit Extract	2022	<i>Recent Advances in Food, Nutrition and Agriculture</i>	13(2), 120–131	7	10.2174/2212 79841266622 0302163553
35	Yadav I.; Sinha N.; Tiwari U.	Medicinal and Nutritional Importance of Withania somnifera in Human Health	2026	<i>Medicinal Plants and their Bioactive Compounds in Human Health: Volume 2</i>	91–104	0	10.1007/978- 981-95-3620- 7_6
36	Jain M.;	Probiotics and Immune	2024	<i>Immune- Boosting</i>	99–129	3	10.1201/9781 003371069-7

	Agarwal A.; Singh K.; Jarouliya U.	Response in Disease Prevention and Treatment		<i>Nutraceuticals for Better Human Health</i>			
37	Sharma S.; Dabas N.; Sharma D.; Kumar M.; Kataria S.K.; Jaiswar G.	Smart Materials for Sustained and Controlled Drug Release	2024	<i>Smart Micro-and Nanomaterials for Pharmaceutical Applications</i>	206–222	0	10.1201/9781003468431-12
38	Tiwari A.; Singh S.P.; Shukla A.K.; Yadav V.K.; Yadav V.P.; Kumar S.; Kumar	Arthritis Disease and Omega Polyunsaturated Fatty Acids	2025	<i>Nutraceuticals in Arthritis and Psoriasis: Management and Prevention of Diseases</i>	67–88	0	—

	M.; Yadav V.K.						
3 9	Nigam D.; Yadav R.; Tiwari U.	Omega-3 fatty acids and its role in human health	2018	<i>Functional Food and Human Health</i>	173–198	17	10.1007/978- 981-13-1123- 9_9
4 0	Singh K.; Bhushan B.; Chanchal D.K.; Sharma S.K.; Rani K.; Yadav M.K.; Porwal P.; Kumar S.; Sharma A.; Virmani T.; Kumar G.;	Emerging Therapeutic Potential of Cannabidiol (CBD) in Neurological Disorders: A Comprehensive Review	2023	<i>Behavioural Neurology</i>	2023, Art. 8825358	61	10.1155/2023 /8825358

Noman						
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3. Proportion of Graduates in Health Professions

Dr. Bhimrao Ambedkar University, Agra is committed to advancing Sustainable Development Goal 3 – Good Health and Well-being by offering a wide range of academic programmes in healthcare and allied disciplines. The University imparts professional education through the Institute of Pharmacy & Paramedical Sciences, Department of Physical Education, School of Life Sciences, Institute of Home Science, Department of Social Work, and the Faculty of Arts (Psychology). These programmes cover Pharmacy, Paramedical Sciences, Physical Education, Yoga, Biotechnology, Biochemistry, Microbiology, Zoology, Botany, Environmental Science, Nutrition and Dietetics, Home Science, Social Work, and Psychology, preparing graduates to address diverse health and well-being challenges.

The University's multidisciplinary curriculum equips students with the knowledge, practical skills, and ethical values required to contribute to healthcare services, pharmaceutical sciences, nutrition, mental health, biomedical research, physical fitness, environmental health, and community welfare. By producing graduates capable of serving in hospitals, research institutions, educational organisations, public health agencies, and the healthcare industry, Dr. Bhimrao Ambedkar University, Agra actively contributes to achieving United Nations Sustainable Development Goal 3 – Good Health and Well-being. be striven for, but shared obligations.

Number of Graduates	Number of Graduates in Health Profession		Proportion of Graduates in Health Professions
7485	• B. PHARM • M.Pharm – Pharmaceutical Chemistry • M.Pharm – Pharmaceutics • M.Pharm – Pharmacognosy	211 15 10 5	3.43 %

	B.Sc. (Hons.) Nutrition & Dietetics.	16	
	Total Graduates in Health Professions.	257	

4. COLLABORATIONS AND HEALTH SERVICES

Dr. Bhimrao Ambedkar University (DBRAU), Agra has established institutional collaboration with S.N. Medical College, Agra through a Memorandum of Understanding (MoU) fostering cooperation in the field of health services, education, training, research, and related academic activities. The collaboration provides a structural framework for mutual support and knowledge exchange between the University and the medical institution, contributing to improved health-related learning, professional development, research, and community-oriented initiatives.

In addition, the Department of Social Work, Institute of Social Sciences, DBRAU has entered into an MoU with the Faculty of Social Work, Parul University, Vadodara, Gujarat. The agreement promotes academic and research collaboration through joint conferences, seminars, symposia, workshops, training programmes, research activities, faculty and student exchange, joint projects, fieldwork and internships, and collaborative publications. Such initiatives strengthen experiential learning and enable students and faculty to engage with social and community issues that have direct implications for health and well-being.

The University has also developed an institutional association related to Tuberculosis (TB) training and capacity building, further extending its engagement with public-health priorities and disease prevention. This collaboration provides an important platform for strengthening awareness, training, and knowledge related to tuberculosis and its prevention and control.

Evidence: Memorandum of Understanding between Dr. Bhimrao Ambedkar University, Agra and S.N. Medical College, Agra- <https://dbrau.ac.in/memorandum-of-understanding-mou/>





सत्यमेव जयते

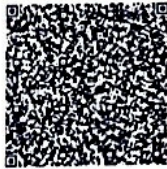
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Annexure-IV.....

MEMORANDUM OF UNDERSTANDING (applicable for Pharm.D course)

This memorandum of understanding is made of ...17th...Day JUNE month 2021 Year
between

S.N. Medical college and Hospital Moti Katra Agra-282002 U.P. India approved by Medical Council of India which is represented by its Principal/Dean / Medical Superintendent/Medical Director/CEO herein named as party one

and

Department of Pharmacy Chhleshar Campus Dr. Bhimrao Ambedkar University Agra.

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3. In case of any discrepancy please inform the Competent Authority.

represented by its Principal/Director/Dean herein named as party two

The parties hitherto agree as follows:

1. Party one declares that S.N. Medical college and Hospital is a 1200 bedded Hospital with a minimum of 976 beds for General Medicine Department (name of the hospital) is a (number) bedded hospital, with a minimum of 120 beds for General Medicine Department.
2. Party one agrees to provide to party two the minimum space necessary of 1200 square feet in the hospital building to establish Pharmacy Practice department for the conduct of Pharm.D programs.
3. Party one agrees to provide preceptors required to train the Pharm.D students.
4. Party one agrees that, it will not enter into similar agreement with any other Pharmacy institution/s or department/s offering or intend to offer Pharm.D programs.

5. Party one declares that -

Tick the relevant

- a) Hospital and institution with which it is signing the MOU are within the same limits of Corporation or Municipality or Campus with Medical Faculty involvement as adjunct faculty.

☒

OR

- b) If the institution and hospital are located in different Corporation or Municipality or Campus, the distance between the two is not more than 30 kms. by road.

☐

Signature

17/6/21

PRINCIPAL
S.N. MEDICAL COLLEGE
AGRA

Signature

17/06/2021
Prof. Brijesh Kumar Tiwari
HEAD
Department of Pharmacy
D.R.B.R. Ambedkar University, Agra



6. The prospective students will be allowed to undergo training in the following specialty departments
- Medicine
 - Surgery
 - Pediatrics
 - Gynecology and Obstetrics
 - Psychiatry
 - Skin and VD
 - Orthopedics
7. Party two will provide the academic staff and necessary infrastructure for Pharm. D course as per the PCI norms and takes the overall responsibility for smooth conduct of the programs.
8. This agreement is to be in effect at least for ten years from the time of its endorsement by both the parties. The Hospital will not sign the MOU for sharing of the hospital facilities with any other Pharm D institution till the present agreement / MOU is in effect.
9. The officials representing S.N. Medical college and Hospital and Department and Pharmacy are signing this MOU to achieve the beneficial objectives of Pharm.D programs.


Signature
Hospital authority [party one]
with seal and date

**PRINCIPAL
S.N. MEDICAL COLLEGE
AGRA**


Signature
Principal, [party two]
Prof. Brijesh Kumar Tiwari
with seal and date
HEAD
Department of Pharmacy
J.R.B.R. Ambedkar University, Agra

**Office: Director/SIC, State TB Training & Demonstration Center UP
Motikatra Road, Agra-282003**

MEMORANDUM OF UNDERSTANDING

Between

State TB Training and Demonstration Centre (STDC), U P, Agra

And

University Community Radio 90.4 "Agra Ki Awaz"

(Dr. Bhimrao Ambedkar University, Agra)

This Memorandum of Understanding ("MOU") made on this day of 27 January 2024 for a thirteen (13) Days awareness program from (29 January 2024 to 10 February 2024) on "National Training on Tuberculosis (TB) for District TB Officer's (DTO)" on University Community Radio ("UCR") is being executed by and between:

Dr. Bhimrao Ambedkar University, Agra (hereinafter referred to as the "**University**") which expression shall mean to include its successors in title and permitted assigns)

And

State TB Training and Demonstration Centre (STDC), U.P., Agra, (hereinafter referred to as "**STDC**", which expression shall mean to include its successors in title and permitted assigns)

The objective of this Memorandum of Understanding, interlaid is:

- (a) To promote the activities on "National Training on Tuberculosis (TB) for District TB Officer's (DTO)" being organized by the "STDC" on University Community Radio and also on Social Media of University Community Radio.
- (b) UCR will support in creating awareness by taking interviews of experts (suggested by STDC Agra) in studio and broadcast on radio.
- (c) All interviews/bytes recorded under this Training session are to be shared with STDC, Agra.
- (d) STDC Agra will promote University and its Community radio Name and Logo in all media/banners and promotions during the tenure.
- (e) This MOU is on NO MONEY EXCHANGE BASIS.

IN WITNESS WHEREOF, this MOU has been executed in two originals by the
duly authorized representatives of the Parties.

For
State TB Training and Demonstration
Centre (STDC), U.P., Agra


Director/SIC
By: State TB Training & Demonstration Centre
Agra
Title:

For
Dr. Bhimrao Ambedkar University, Agra.


Registrar
By: Dr. B.R.A. University, Agra
Title:


27/1/24
Pooja Saxena
(Prog. Executive Radio)





GUJARAT INSTITUTE OF SOCIAL WORK

**MEMORANDUM OF UNDERSTANDING
BETWEEN
FACULTY OF SOCIAL WORK, PARUL
UNIVERSITY
AND
DEPARTMENT OF SOCIALWORK
INSTITUTE OF SOCIAL SCIENCES
DR. BHIMRAO AMBEDKAR UNIVERSITY
AGRA, (UTTAR PRADESH) INDIA**



Signature



1: Scope of the MoU

This MoU details the modalities and general conditions between Faculty of Social Work, Parul University, Baroda, Gujarat and Department of Social Work, Institute of Social Sciences, Dr. Bhimrao Ambedkar University, Agra, Uttar Pradesh for fostering the collaboration between academia institutions.

2: Scope and Terms of Collaboration

Both Parul University and Department of Social Work, ISS. Dr. Bhimrao Ambedkar University, Agra, Uttar Pradesh shall encourage collaborations through following activities

- a) Organizing Conferences, Seminars, Symposia, Workshops, Trainings, and Researches etc. mutually.
- b) International and National projects together
- c) Faculty and students exchange program
- d) Undertake joint research activities / student's projects, Field Work and internship on mutually agreed terms and conditions.
- e) Faculty of Social Work, Parul University and Department of Social Work, Dr. Bhimrao Ambedkar University, Agra, Uttar Pradesh may have joint publications on collaborative activities.
- f) Both the universities shall endeavor to provide job opportunities to the social work students, if any.
- g) The financial aspects will depend on the particular assignment that both the parties mutually agree to take up.

3: Duration of Memorandum of Understanding (MoU)

- a) The duration of MoU shall be effective for the period of 5 years.
- b) The MoU will be effective from the date of signing of this MoU by both the parties.
- c) Any article in the MoU may be modified or amended mutually by both the parties of this MoU.


REGISTRAR
PARUL UNIVERSITY



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- b) The single point of contact for coordination of the various activities from Department of Social Work, Dr. Bhimrao Ambedkar University, Agra, Uttar Pradesh will be Prof. Ranvir Singh, Professor and Head Department of Social Work, Institute of Social Sciences, DBRAU Agra (U.P.).

5: Confidentiality

During the tenure of the MoU between Parul University and Department of Social Work, Dr. Bhimrao Ambedkar University, Agra, Uttar Pradesh, both the parties shall maintain strict confidentiality and prevent disclosure of the information and data exchanged under this MoU for any purpose other than specified in this MoU.

With regards to any dispute that may arise between Parul University and Department of Social Work, Dr. Bhimrao Ambedkar University, Agra, Uttar Pradesh in respect of any of the matters under this agreement, it should be resolved amicably by both the parties involved.

Date: 15.12.2023

Place:

Registrar, Parul University



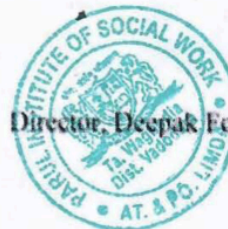
REGISTRAR
PARUL UNIVERSITY

Witness:

Prof.(Dr.) M. N. Pamar
Dean, Faculty of Social Work,
Parul University

Registrar Dr. Rajeev Kumar
Dr Bhimrao Ambedkar University, Agra (U.P.)

Registrar
Dr. B. R. A. University, Agra



Director-Deepak Foundation

Witness:

Prof. Ranvir Singh
HoD,

HEAD
Department of Social Work
Institute of Social Sciences
Dr. B. R. Ambedkar University
AGRA (U.P.)



ATTESTED

RAVJIBHAI U. PARMAR
NOTARY (Govt. of Gujarat)

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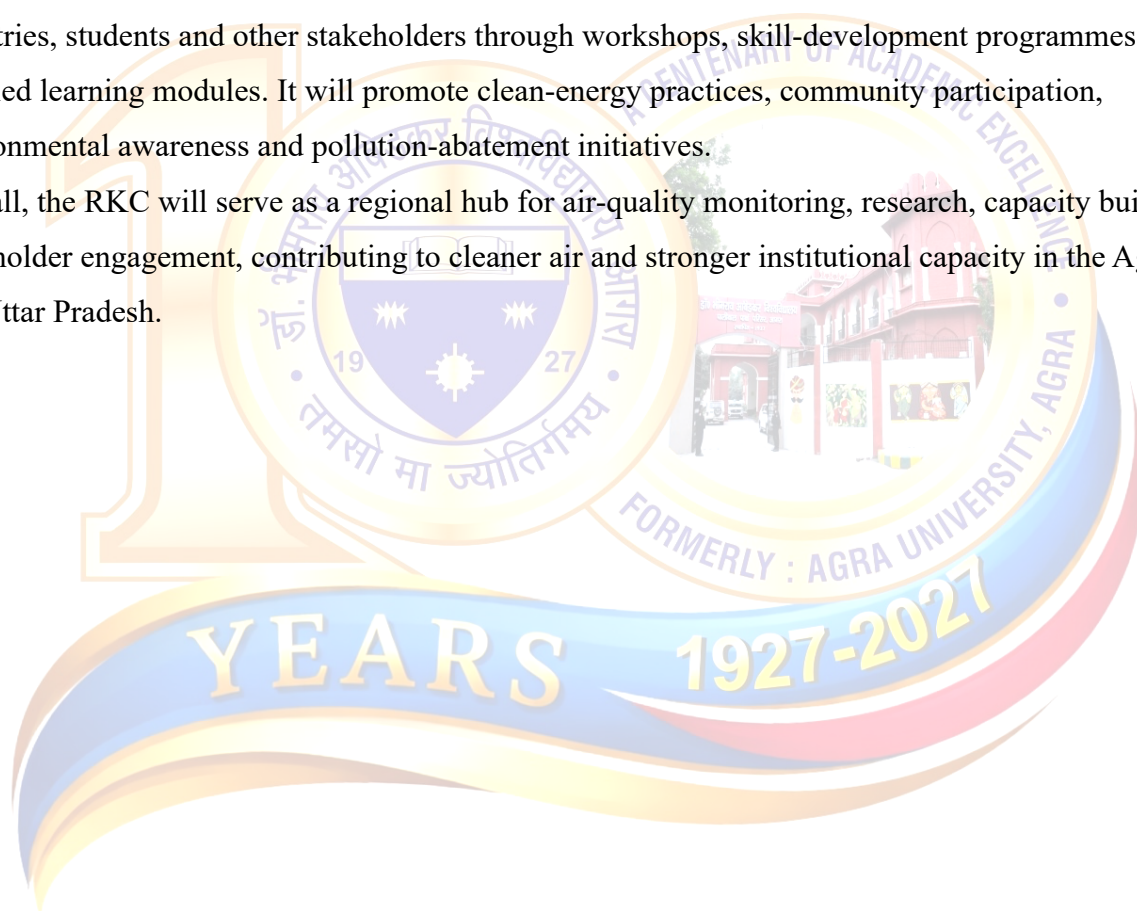
Regional Knowledge Centre for Air Quality Management under Uttar Pradesh Clean Air Management Program

Dr. Bhimrao Ambedkar University (DBRAU), Agra is proposed as a Regional Knowledge Centre (RKC) under the Uttar Pradesh Clean Air Management Programme (UP-CAMP) to strengthen regional capacity for air-quality monitoring, assessment and management.

The RKC will establish a Basic Air Quality Laboratory for ambient air and stack monitoring, data collection and analysis, and support for CEMS, road-dust monitoring, source apportionment, emission inventories and modelling. It will undertake applied research and impact assessments on air pollution, public health and the environment.

The Centre will also provide technical support, training and capacity building for government agencies, industries, students and other stakeholders through workshops, skill-development programmes and certified learning modules. It will promote clean-energy practices, community participation, environmental awareness and pollution-abatement initiatives.

Overall, the RKC will serve as a regional hub for air-quality monitoring, research, capacity building and stakeholder engagement, contributing to cleaner air and stronger institutional capacity in the Agra region and Uttar Pradesh.



MEMORANDUM OF UNDERSTANDING (MoU)

Between

UTTAR PRADESH CLEAN AIR MANAGEMENT PROJECT (UPCAMP) AUTHORITY

Formed under the Department of Environment, Forest & Climate Change
Government of Uttar Pradesh

Office at: Directorate of Environment and Climate Change (DoECC)
Vineet Khand, Gomti Nagar, Lucknow, Uttar Pradesh

AND

DR. BHIMRAO AMBEDKAR UNIVERSITY, AGRA

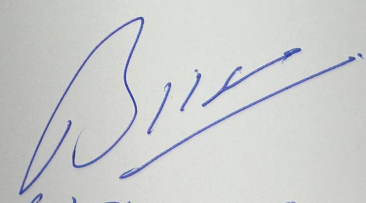
Campus at: Office of Vice Chancellor, Dr. Bhimrao Ambedkar University, Agra,
Paliwal Park, Agra, U.P. – 282004

To

Establish Dr. Bhimrao Ambedkar University as a Regional Knowledge Center (RKC) under UPCAMP and to set up a collaborative framework to strengthen scientific, technical, and institutional capacity for air quality management towards achieving the development objective of UPCAMP.

This Memorandum of Understanding is executed on this 03 day of June, 2026.

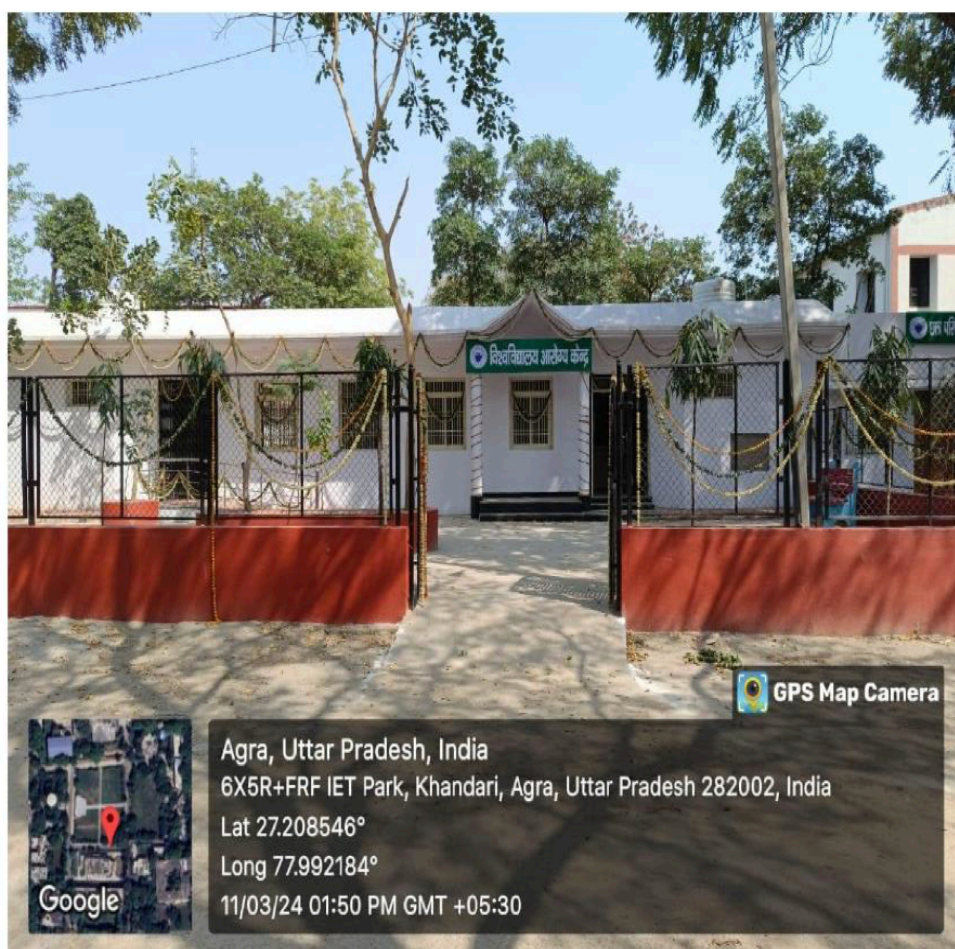

UPCAMP AUTHORITY


DR. BHIMRAO AMBEDKAR
UNIVERSITY

6. HEALTH OUTREACH PROGRAMMES

Arogya Kendra: Promoting Good Health and Well-being

Dr. Bhimrao Ambedkar University, Agra, is committed to ensuring the physical and mental well-being of its students, faculty, and staff through its dedicated **Arogya Kendra (University Health Centre)**. The centre provides free primary healthcare services, regular health check-ups, medical consultation, health counselling, mental health counselling and emergency first-aid facilities. It plays an important role in promoting preventive healthcare and creating a healthy campus environment in alignment with **Sustainable Development Goal 3: Good Health and Well-being**



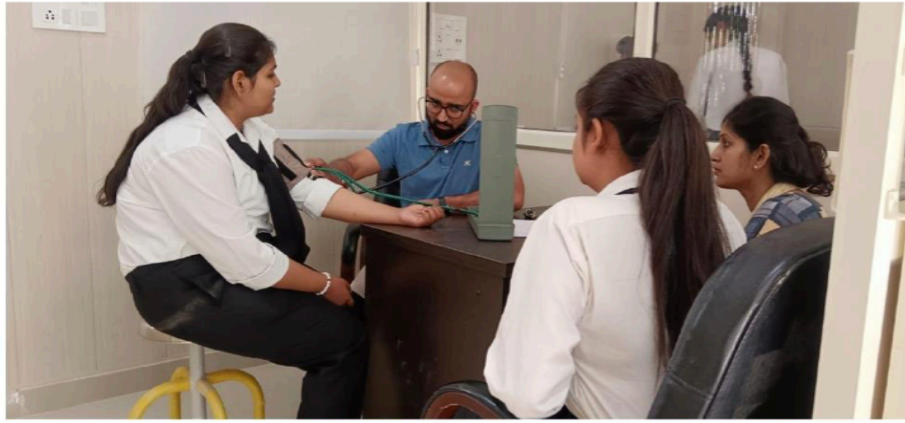
The University Arogya Kendra serves as the central healthcare facility on campus, providing accessible and free medical services to students and university staff. Equipped with consultation rooms, examination facilities, and trained medical professionals, the centre ensures timely healthcare support within the university premises.



Arogya Kendra



Students que for regular check-up at Arogya Kendra



Student's regular check-up and health counselling at Arogya Kendra

Students undergo routine physical examinations, including blood pressure monitoring and general health assessment. These periodic check-ups help identify health concerns at an early stage and ensure timely medical intervention.



Student's regular health counselling at Arogya Kendra



Student's regular health check-up at Arogya Kendra

The healthcare facilities at Arogya Kendra are also extended to faculty and university staff. Regular health examinations promote preventive healthcare and support the well-being of the entire university community.



Student's regular check-up at Arogya Kendra



Faculty's regular check-up at Arogya Kendra

First-aid boxes equipped with essential medicines and supplies are available in each department to provide immediate support in case of minor injuries and emergencies.

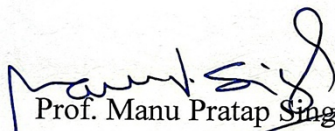


Dr. Bhimrao Ambedkar University, Agra
(Formerly: Agra University)
(A+ Grade, NAAC Accredited)

Date: 12/01/2026

TO WHOM IT MAY EVER CONCERN

Dr. Bhimrao Ambedkar University Agra has First-Aid box in its each department which comprises of general medicines and first-aid kit for acute injuries.

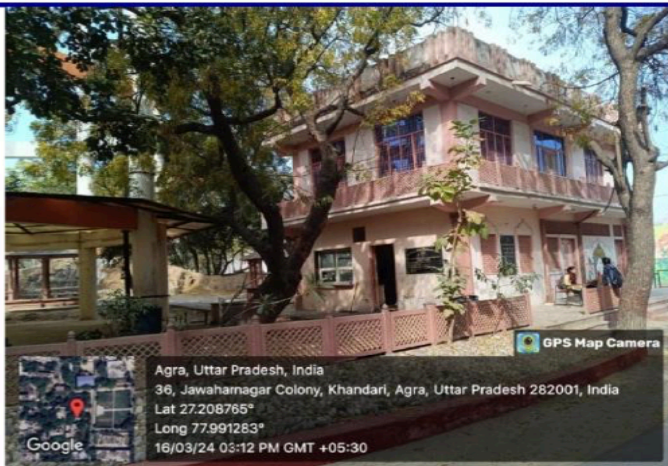

Prof. Manu Pratap Singh
(Director) 12/01/2026

Director
Institute of Engineering & Technology
Dr. B. R. Ambedkar University
Khandari Campus, Agra


Ajay Mishra
PCS
(Registrar)
Registrar
Dr. B R.A. University, Agra

Annapurna Kshetra – University Canteen

Recognising that good nutrition is fundamental to good health, the University maintains **Annapurna Kshetra**, a hygienic campus canteen that provides freshly prepared, nutritious, and affordable meals to students, faculty, and visitors. The facility supports healthy eating habits and contributes significantly to students' physical well-being.



Annapura Kshetra: University Canteen



Dr. Bhimrao Ambedkar University, Agra
(Formerly: Agra University)
(A+ Grade, NAAC Accredited)

Date: 12/01/2026

TO WHOM IT MAY EVER CONCERN

Dr. Bhimrao Ambedkar University has a canteen for food and refreshment and canteen follows the food safety and standard act 2006 guidelines.

Manu Singh
Prof. Manu Pratap Singh
(Director)

Director
Institute of Engineering & Technology
Dr. B. R. Ambedkar University
Khandari Campus, Agra

Ajay Mishra
Ajay Mishra
PCS
(Registrar)

Registrar
Dr. B.R.A. University, Agra

The University provides RO-based drinking water facilities across its departments to ensure access to safe and potable water for students, faculty, and staff.



Dr. Bhimrao Ambedkar University, Agra
(Formerly: Agra University)
(A+ Grade, NAAC Accredited)

Date: 12/01/2026

TO WHOM IT MAY EVER CONCERN

In different departments of Dr. Bhimrao Ambedkar University, Agra there is a provision for R.O. water plants for drinking water purpose.


Prof. Manu Pratap Singh
(Director)

Director 12/01/2026
Institute of Engineering & Technology
Dr. B. R. Ambedkar University
Khanderi Campus, Agra


Ajay Mishra
PCS
(Registrar)

Registrar
Dr. B. R. A. University, Agra

Girls' Restroom Facility

To ensure a safe and gender-sensitive campus environment, the University has established dedicated girls' restroom facilities. The availability of clean sanitation infrastructure enhances comfort, dignity, and health for female students while supporting an inclusive learning environment.



Alumni Hon'ble M.L.C., Dr. Dilip Yadav Contributed for Girls' Restroom

Poshan Potli distribution

Poshan Potli distribution Ceremony was conducted by University for TB patients under the leadership of Hon'ble Chancellor in Poshan Maah for holistic development of children. **No. of Participants: 110**



Poshan Potli distribution is conducted by the university on regular basis for TB patients-



Dr. Bhimrao Ambedkar University, Agra, observed **World AIDS Day** by organizing an awareness programme to educate students and staff about HIV/AIDS prevention, early diagnosis, treatment, and the elimination of stigma associated with the disease.



**Department of Biotechnology,
School of Life Sciences
Dr. Bhimrao Ambedkar University, Agra**
Organizes a
**Lecture
On
World AIDS Day**

Speaker
Dr. Devesh Jadon
Department of Botany
RBS College, Agra

Patron
Prof. Ashu Rani
Hon'ble Vice Chancellor
Dr. Bhimrao Ambedkar University, Agra

Date & Time: 01 December 2025, 01.30 pm

Convener
Prof. R. K. Agnihotri

Organizing Secretary
Dr. Monika Asthana
Dr. Pramod Kumar



International Yoga Day Celebration

On the occasion of International Yoga Day, Dr. Bhimrao Ambedkar University, Agra, actively participated in a large-scale community yoga programme organized at Paliwal Park in collaboration with local administration and partner organizations. Hundreds of students, faculty members, officials, and citizens participated in collective yoga sessions to promote physical fitness, mental wellness, and stress management.

पालीवाल पार्क में सैकड़ों नागरिकों ने किया सामूहिक योगाभ्यास

अंतरराष्ट्रीय योग दिवस पर जनप्रतिनिधि, अधिकारी और नागरिक हुए एकजुट, महापौर ने साइकिल रैली को दिखाई हरी झंडी

अमर भारती संवाददाता

आगरा। अंतरराष्ट्रीय योग दिवस के अवसर पर पालीवाल पार्क में नगर निगम, विश्वविद्यालय एवं पतंजलि योगपीठ के संयुक्त तत्वावधान में भव्य सामूहिक योग कार्यक्रम आयोजित हुआ। जिसमें जनप्रतिनिधियों, प्रशासनिक अधिकारियों, शिक्षाविदों, सामाजिक संगठनों के प्रतिनिधियों तथा बड़ी संख्या में नागरिकों ने सहभागिता कर योग के महत्व का संदेश दिया।

प्रशिक्षकों के निर्देशन में प्रतिभागियों ने विभिन्न योगासन, प्राणायाम एवं ध्यान का अभ्यास किया। योग साधकों ने नियमित योग को स्वस्थ एवं संतुलित जीवन का आधार बताते हुए इसे जन-जन तक पहुंचाने का संकल्प लिया। कार्यक्रम में महापौर हेमलता दिवाकर कुशवाह, नगर आयुक्त संतोष कुमार



वैश्य, डॉ. भीमराव आंबेडकर विश्वविद्यालय की कुलपति आशु रानी तथा विधायक पुरुषोत्तम खंडेलवाल सहित अनेक गणमान्य नागरिक उपस्थित रहे। वक्ताओं ने

योग को शारीरिक, मानसिक और आध्यात्मिक संतुलन का प्रभावी माध्यम बताते हुए नियमित योग अपनाने का आह्वान किया। इस दौरान महापौर, नगर आयुक्त और

कुलपति ने संयुक्त रूप से पौधारोपण कर 'एक पेड़ मां के नाम' अभियान का संदेश भी दिया। कार्यक्रम के समापन पर केन्द्र सरकार के 12 वर्ष पूर्ण होने के उपलक्ष्य में एलीट ग्रुप



द्वारा आयोजित साइकिल रैली को महापौर ने हरी झंडी दिखाकर रवाना किया। रैली के माध्यम से फिट इंडिया, स्वस्थ भारत और जनजागरूकता का संदेश दिया गया।

योग दिवस का यह आयोजन शहरवासियों को स्वास्थ्य, अनुशासन और सकारात्मक जीवनशैली अपनाने की प्रेरणा देकर संपन्न हुआ।



नगर निगम, पतंजलि योग समिति और डा. भीमराव आंबेडकर विश्वविद्यालय की ओर से पालीवाल पार्क में आयोजित योग शिविर में भाग लेती महापौर हेमलता दिवाकर, कुलपति प्रो. आशु रानी व अन्य● जगहरण



Bicycle Rally for "Developed India, Healthy India"

Dr. Bhimrao Ambedkar University, Agra, organized a **Bicycle Rally** under the theme "**Viksit Bharat, Swasth Bharat**" to promote healthy living and social awareness. The rally conveyed important public messages on creating a drug-free society and eliminating social evils such as dowry while encouraging citizens to adopt cycling as an environmentally friendly and health-promoting mode of transport.



डॉ. भीमराव आंबेडकर विश्वविद्यालय, आगरा

द्वारा आयोजित

साइकिल यात्रा

10-11 मार्च 2025

विकसित भारत, सशक्त भारत





श्रीमती आनन्दीबेन पटेल जी
महामहिम कुलाधिपति व राज्यपाल उ.प्र.



प्रो. आशु रानी जी
कुलपति



‘नशा मुक्त भारत’
स्वस्थ जीवन की यही पुकार, नशा मुक्त हो अपना भारत संसार



‘दहेज मुक्त भारत’
दहेज रहित हो हर परिवार, तभी बनेगा सुंदर भारत संसार



As part of **Mission Shakti Phase-5**, Dr. Bhimrao Ambedkar University, Agra, organized a **Women's Self-Defence Training Programme** featuring practical sessions in Judo, Karate, Pencak Silat, and Taekwondo.

Size-6x4 Ft.





डॉ. भीमराव आंबेडकर विश्वविद्यालय, आगरा

के मिशन शक्ति फेस-5

अत्मसुरक्षा सम्बन्धी प्रशिक्षण

जूडो, कराटे, पेंचकसिलाट और ताइक्वांडो

प्रशिक्षक - डॉ. किरन कश्यप, राष्ट्रीय चैंपियन पेंचकसिलाट और ताइक्वांडो




अध्यक्षता
प्रो. आशु रानी
माननीय कुलपति




समन्वयक
डॉ. अश्विनेश वाढः सक्सेना
निदेशक, शारीरिक शिक्षा खेलकूद विभाग

संयोजक
प्रो. विवीता सिंह
नोडल अधिकारी, मिशन शक्ति फेस-5

दिनांक : 10 दिसम्बर 2024 / समय : 12:00 अपराह्न
स्थान : स्वामी विवेकानंद परिसर, खन्दारी

On the occasion of **International Women's Day 2026**, Dr. Bhimrao Ambedkar University, Agra, organized a **Health Check-up Camp** in collaboration with the Chief Medical Officer, Agra. The camp provided free medical consultations, blood pressure and blood sugar screening, general health examinations, and counselling services to students, faculty members, and staff.

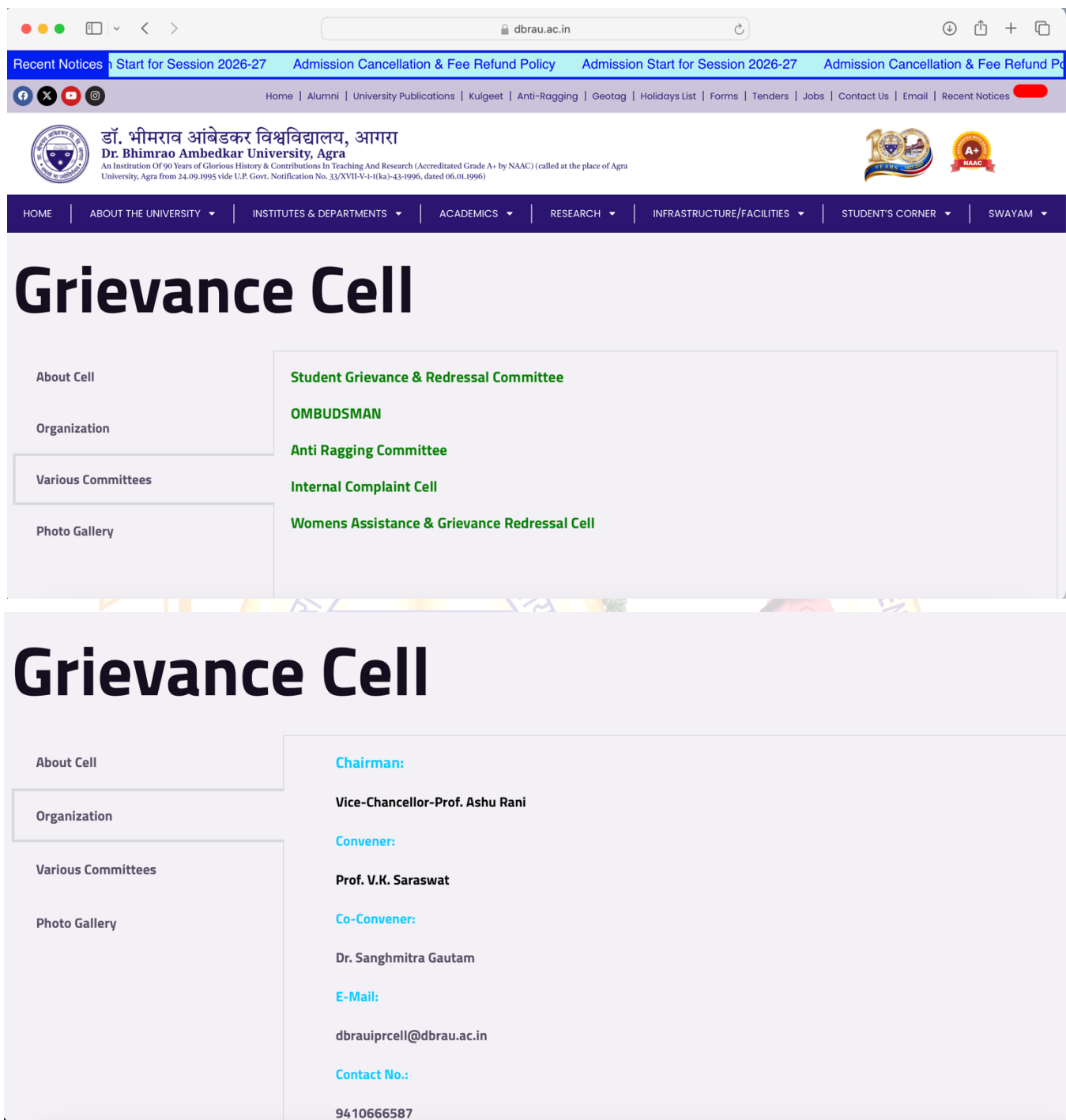




Grievance Redressal and Student Well-being

Dr. Bhimrao Ambedkar University, Agra has established a dedicated **Grievance Cell** to promote a safe, supportive and student-friendly environment. The University provides institutional mechanisms for addressing student concerns related to well-being, safety, harassment, ragging and other grievances. The University's grievance redressal framework includes the **Student Grievance & Redressal Committee, Ombudsman, Anti-Ragging Committee, Internal Complaint Cell, and Women's Assistance & Grievance Redressal Cell**. These mechanisms provide accessible channels for students to report concerns and seek timely assistance, thereby contributing to their **mental well-being, safety and overall health** in alignment with **SDG 3: Good Health and Well-being**.

Evidence: University Grievance Cell webpage showing the grievance redressal committees, organizational structure and contact details <https://dbrau.ac.in/grievance-cell-2/>



7. SHARED SPORTS FACILITIES

The Department of Physical Education and Sports was established in the year 1969. The department provides high-quality education and training in physical education through experienced teachers dedicated to various sports activities. Students of physical education have been achieving remarkable success at district, state, national, inter-university, and Khelo India level competitions. In addition, many of them are successfully engaged in teaching and training at various educational institutions and training centers. The various yoga courses conducted by the department promote self-discipline and the practice of yoga in daily life, thereby ensuring the holistic development of students.

The University possesses well-developed outdoor and indoor sports facilities, including an athletic track, football ground, cricket ground, volleyball courts, basketball court, kabaddi and kho-kho fields, badminton courts, archery range, roller skating track, wrestling arena, indoor sports hall, and dedicated practice areas for yoga and martial arts. Modern equipment and qualified coaches help students develop their sporting skills and prepare for competitive events.

The Department organizes a comprehensive sports programme comprising athletics, volleyball, football, cricket, kabaddi, kho-kho, basketball, badminton, table tennis, wrestling, archery, roller skating, shooting, judo, karate, taekwondo, wushu, yoga, boxing, fencing, gymnastics, mallakhamb, rugby, baseball, handball, hockey, netball, korfball, squash, chess, lawn tennis, tug of war, softball, swimming, weightlifting, powerlifting, body building, cross-country, American football, grappling, pencak silat, sepak takraw and several other sports disciplines. Students regularly participate in inter-collegiate tournaments, North Zone competitions and All India Inter-University Championships organized under the University's annual sports calendar.



BASKETBALL COURT



UNIVERSITY SWIMMING POOL



UNIVERSITY GYM AREA

Students actively participate in sports and physical activities, promoting fitness, healthy lifestyles, and overall well-being in alignment with SDG 3.



Students participate in martial arts and self-defence training, promoting physical fitness, confidence, discipline, and personal well-being.



Students engage in outdoor team sports, encouraging regular physical activity, teamwork, coordination, and healthy lifestyles.



Archery promotes physical fitness, concentration, coordination, discipline, and mental well-being among students.



Students participate in long jump and volleyball supporting physical fitness, strength, agility, and athletic development.



Students participate in roller skating, promoting physical fitness, balance, coordination, and an active lifestyle.



Dr. Bhimrao Ambedkar University, Agra organizes annual sports meets at the affiliated colleges and university level, encouraging students to participate actively in sports and physical activities. These events promote physical fitness, teamwork, discipline, healthy competition, and overall well-being, contributing to the objectives of SDG 3.



The University organizes an annual programme of inter-collegiate sports competitions to encourage physical fitness, student participation, teamwork, and overall well-being. A tentative annual sports calendar is prepared to ensure systematic planning and effective conduct of various sporting events across affiliated colleges, promoting a healthy and active campus culture.


शारीरिक शिक्षा खेलकूद विभाग
डा० भीमराव आंबेडकर विश्वविद्यालय
आगरा



डा० अखिलेश चन्द्र सक्सेना
निदेशक
शा०शि० खेलकूद विभाग
Email :- dr.acsaxena1@gmail.com
Mob :- +91 9897328756

पत्रांक संख्या : शा०शि० खेलकूद / १५७ / २०२६
दिनांक : ०६ / ०७ / २०२६

सेवा में,

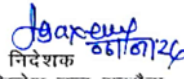
समस्त प्राचार्य/निदेशक/विभागाध्यक्ष/विश्वविद्यालय से सम्बद्ध महाविद्यालय/आवासीय परिषद महोदय/महोदया,

आपको अवगत कराना है कि शैक्षिक सत्र २०२५-२६ का दीक्षांत समारोह से पूर्व दीक्षोत्सव के कार्यक्रम के आयोजन हेतु कुलसचिव द्वारा जारी पत्र संख्या : प्रशा/३२१/२०२६ दिनांक १५.०६.२०२६ के द्वारा युवोत्सव का आयोजन करते हुये परम्परागत खेल प्रतियोगिताओं के अन्तर्गत निम्न खेल प्रतियोगिताओं का आयोजन १७-१८/०७/२०२६ को नेताजी सुभाष चन्द्र बोस परिसर, छलेसर, आगरा में किया जा रहा है।

- प्रतियोगिता का नाम एवं दिनांक १७.०७.२०२६ (समय- प्रातः ०८:०० से)
अ- (KHO-KHO) खो-खो (पु०/म०) ब- (TUG OF WAR) रस्साकसी(पु०/म०)
स- (TIP-CAT) गिल्ली डंडा(पु०/म०) द- (STEAL THE BACON) रुमाल शपट्टा(पु०/म०)
- प्रतियोगिता का नाम एवं दिनांक १८.०७.२०२६ (समय- प्रातः ०८:०० से)
अ- (KABADDI) कबड्डी(पु०/म०) ब- (SEVEN STONE BACON) सतोलिया(पु०/म०)
स- (ONE LEG TAG) लंगड़ी टांग(पु०/म०) द- (HOPSCOTCH) स्टापू/किट-किट(पु०/म०)

उक्त के सम्बन्ध में यह भी अवगत कराना है कि परम्परागत खेल प्रतियोगिताओं में प्रतिभाग करने वाले प्रतिभागी पृथक-पृथक खेल की सूची संलग्नक प्रारूप पर देने का कष्ट करें साथ ही साथ प्रतियोगिता में विजेता एवं उपविजेता खिलाड़ियों को एवं अन्य को प्रतिभाग का खेल प्रमाण पत्र प्रदान किया जायेगा।

अतः आपसे अनुरोध है कि अपने संस्थान/महाविद्यालय में अध्यापक छात्र/छात्राओं को प्रोत्साहित करते हुये छात्र/छात्राओं की प्रविष्टियों संलग्नक प्रारूप पर दिनांक १५.०७.२०२६ सांय ०५:०० बजे तक वाट्सएप नम्बर ९५५७२९७८७९, ८९२३८८७४०६, ७३०३८९१०२८ पर प्रेषित कराते हुये अधिक से अधिक प्रतियोगिताओं में प्रतिभाग कराने का कष्ट करें।


निदेशक
डा० अखिलेश चन्द्र सक्सेना
शा०शि० खेलकूद विभाग
शारीरिक शिक्षा एवं खेलकूद विभाग
डा. बी. आर. ए. वि. वि., आगरा



DR. BHIMRAO AMBEDKAR UNIVERSITY, AGRA

(FORMERLY : AGRA UNIVERSITY, AGRA)

Tantative Annual Sport Calendar Of Inter Collegiate Games For The Session 2025-26

As per decision taken in the sports council meeting held on 25-07-2025

S.NO.	GAME	GENDER	ORGANIZING COLLEGE	DATE OF INTER COLLEGIATE ORGANIZER	CONTACT NO. OF INTER COLLEGIATR ORGANIZER
(A) COMPETITIONS ON <u>ALL INDIA BASIS</u> (M&W)					
1	AMERICAN FOOTBALL	M	CHHALESAR CAMPUS AGRA	19-12-2025	9997999411
2	AMERICAN FOOTBALL	W	A.K. (P.G) COLLEGE, SIKOHABAD	22-12-2025	8923595513
3	ARCHERY	M/W	CHHALESAR CAMPUS AGRA	11-Sep-25	8923887406
4	ATHLETICS	M/W	ST. JOHN'S COLLEGE AGRA	10-11-12 OCT 25	7209218698
5	BASE BALL	M/W	KR COLLEGE MATHURA	05-Dec-25	9997460907
6	BODY BUILDING	M	ANJALI INSTITUTE OF MANAGEMENT AND SCIENCE, AGRA	08-Dec-25	9897975788
7	BOXING	M/W	BSA COLLEGE MATHURA	27-Oct-25	7587312668
8	CROSS COUNTRY	M/W	A.K. (P.G) COLLEGE, SIKOHABAD	06-Nov-25	8923595513
9	FENCING	M/W	RBS COLLEGE AGRA	22-Sep-25	9140679311
10	GRAPPLING	M/W	ACME INSTITUTE OF MANAGEMENT & TECHNOLOGY, AGRA	24-Dec-25	9897975788
11	GREECO ROMAN/FREE STYLE WRESTLLING	M	CH. RAGHUNATH SINGH MAHAVIDYALAYA, AGRA	25-Oct-25	976155864
12	FREE STYLE WRESTLLING	W	BSA COLLEGE MATHURA	15-Oct-25	7587312668
13	GYMNASTICS	M/W	BHAGWAN DAS LEELAVATI COLLEGE AGRA	12-Dec-25	8923028202
14	INDOOR HOCKEY	M/W	KRISHNA COLLEGE OF SCINCE & RURAL TECHNOLOGY BAMRAULI KATARA, AGRA	26-Dec-25	9870975449
15	JUDO	M/W	ST. JOHN'S COLLEGE AGRA	03-Oct-25	7209218698
16	KARATE	M/W	KRISHNA COLLEGE OF SCINCE & RURAL TECHNOLOGY BAMRAULI KATARA, AGRA	06-Oct-25	9870975449
17	KORF BALL	M/W	RBS COLLEGE AGRA	27-Dec-25	9140679311
18	MALKHAMBH	M/W	BKD COLLEGE AGRA	24-Sep-25	9756312152
19	NET BALL	M/W	USHA COLLEGE MATHURA	16-Oct-25	8218046048
20	PENCHAK SILAT	M/W	RAMESHWARI DEVI KANYA MAHA. AGRA	25-Nov-25	9456019605

[Signature]
01.09.25

21	POWER LIFTING	M/W	ANJALI INSTITUTE OF MANAGEMENT AND SCIENCE, AGRA	03-Dec-25	9897975788
22	ROLLER SCATTING	F	CHHALESAR CAMPUS AGRA	01-Dec-25	8475800347
23	ROLLER SCATTING	M	CHHALESAR CAMPUS AGRA	01-Dec-25	8475800347
24	RUGBY	M/W	ACME INSTITUTE OF MANAGEMENT & TECHNOLOGY, AGRA	24-Dec-25	9897975788
25	SEFAK TAKRAW	M/W	CHHALESAR CAMPUS AGRA	18-Oct-25	7303891028
26	SHOOTING	M/W	RAMESHWARI DEVI KANYA MAHA. AGRA	29-Sep-25	9456019605
27	SOFT BALL	M/W	N.D. COLLEGE OF SCINCE & TECHNOLOGY, AGRA	31-Oct-25	8923028202
28	SQUASH	M/W	ANJALI INSTITUTE OF MANAGEMENT AND SCIENCE, AGRA	18-Dec-25	9897975788
29	SWIMMING	M/W	RBS COLLEGE AGRA	16-Sep-25	9140679311
30	TUG OF WAR	M/W	CHHALESAR CAMPUS AGRA	16-Dec-25	7303891028
31	TAEKWONDO	M/W	KRISHNA COLLEGE OF SCINCE & RURAL TECHNOLOGY BAMRAULI KATARA, AGRA	13-Sep-25	9870975449
32	WT. LIFTING	M/W	NPG COLLEGE MAINPURI	07-Nov-25	9897975788
33	WUSHU	M/W	BHAGWAN DAS LEELAVATI COLLEGE AGRA	28-Oct-25	8923028202
34	YOGA	M	KRTT COLLEGE MATHURA	18-Sep-25	9927678500
35	YOGA	W	BDK COLLEGE AGRA	15-Sep-25	9756312152

(A) Competitions on NORTH ZONE (M & W)

1	BADMINTON	M/W	PALIWAL DEGREE COLLEGE SHIKOHABAD	12-Nov-25	9870948424
2	BASKET BALL	M	A.K. (P.G) COLLEGE, SIKOHABAD	14-Nov-25	8923595513
3	BASKET BALL	W	ACME INSTITUTE OF MANAGEMENT & TECHNOLOGY, AGRA	24-Oct-25	7587312668
4	CHESS	M/W	KR GIRLES COLLEGE MATHURA	01-Nov-25	9621628637
5	CRICKET	W	PALIWAL DEGREE COLLEGE SHIKOHABAD	3-4 NOV 25	9870948424
6	CRICKET	M	RBS COLLEGE AGRA	6-7-8 OCT 25	9140679311
7	FOOTBALL	M	ST. JOHN'S COLLEGE AGRA	06-Nov-25	7209218698
8	FOOTBALL	W	KR COLLEGE MATHURA	17-Nov-25	9997460907
9	HOCKEY	M	KR COLLEGE MATHURA	19-Nov-25	9997460907
10	HOCKEY	W	N.D. COLLEGE OF SCINCE & TECHNOLOGY, AGRA	14-Oct-25	8923028202
11	HAND BALL	M	A.K. (P.G) COLLEGE, SIKOHABAD	21-Nov-25	8923595513
12	HAND BALL	W	CHHALESAR CAMPUS AGRA	22-Nov-25	9997226308
13	KABDDI	W	SRI BHAGWAN SINGH GIRLES COLLEGE OF EDUCATION & TECHNOLOGY, AGRA	25-Nov-25	9927855587
14	KABDDI	M	CH. KIRAN ACADEMY KIRAOLI AGRA	27-Nov-25	976155864

Signature
02.09.25

15	KHO-KHO	W	SRI BHAGWAN SINGH GIRLES COLLEGE OF EDUCATION & TECHNOLOGY, AGRA	29-Nov-25	9927855587
16	KHO-KHO	M	LR COLLEGE JASRANA	01-Dec-25	9045712800
17	LAWN TENNIS	M/W	N.D. COLLEGE OF SCIENCE & TECHNOLOGY, AGRA	30-Sep-25	8923028202
18	TABLE TENNIS	M	BSA COLLEGE MATHURA	26-Nov-25	8937985198
19	TABLE TENNIS	W	ACME INSTITUTE OF MANAGEMENT & TECHNOLOGY, AGRA	26-Nov-25	9140679311
20	VOLLY BALL	W	LR COLLEGE JASRANA	27-Sep-25	7017504712
21	VOLLY BALL	M	NPG COLLEGE MAINPURI	30-Oct-25	8923595513

Important Instructions-

Note-

- I. The Organising date of Inter collegiate/Inter University competitions are changeable and the venue of the competitions may also be changed under unavoidable circumstances. So the dates and venue of Inter collegiate competitions of any sports event may be changed any time.
- II. The dates may re-schedule according to AIU calendar

Dr. A.C. Saxena
01/09/25

DR. A.C. SAXENA
DIRECTOR (SPORT)
SECRETARY (SPORT COUNCIL)

Dr. A.C. Saxena
Sports Officer/Director
Dept. of Physical Educational & Sports
Dr. B.R.A. University, Agra



8. Sexual and Reproductive Health Care Service

7.1 Women Cell – Institutional Support

The University has established a dedicated Women Cell to promote the health, safety, well-being and empowerment of women students and staff. The Cell coordinates awareness programmes, health and hygiene initiatives, counselling, preventive healthcare activities and community outreach programmes in collaboration with relevant departments and health agencies.

Evidence: University-issued notification/constitution letter of the Women Cell.

<https://dbrau.ac.in/wp-content/uploads/2024/04/Women-Cell-compressed.pdf>



डॉ० भीमराव आंबेडकर विश्वविद्यालय, आगरा

(पूर्ववर्ती: आगरा विश्वविद्यालय, आगरा)



पत्रांक : प्रशा०/230/2025 दिनांक : 16 / 07 / 2025

कार्यालय आदेश

विश्वविद्यालय में महिलाओं/छात्राओं के हित संरक्षण, सुरक्षा तथा समस्याओं के शीघ्र निवारण के लिए विश्वविद्यालय महिला प्रकोष्ठ का गठन किया गया है। विश्वविद्यालय महिला प्रकोष्ठ के समुचित और प्रभावशाली संचालन हेतु प्रकोष्ठ की सदस्यार्यें निम्नवत् है :-

1. प्रो० अर्चना सिंह	—	समन्वयक।
2. डॉ० नीलम यादव	—	सह-समन्वयक।
3. डॉ० रेखा शर्मा	—	सदस्य।
4. डॉ० रतना पाण्डेय	—	सदस्य।
5. डॉ० मोनिका अस्थाना	—	सदस्य।
6. डॉ० ममता सारस्वत	—	सदस्य।
7. डॉ० मीनाक्षी चौधरी	—	सदस्य।
8. डॉ० स्वेता चौधरी	—	सदस्य।
9. डॉ० सिंधुजा चौहान	—	सदस्य।
10. डॉ० प्रतिभा मिश्रा	—	सदस्य।
11. डॉ० प्रीति यादव	—	सदस्य।
12. श्रीमती पूजा सक्सेना	—	विश्वविद्यालय मीडिया प्रभारी।
13. श्रीमती नम्रता मिश्रा	—	अधिवक्ता।
14. डॉ० प्रीति सिंह	—	एन0जी0ओ0 प्ररिजात।

समिति के सदस्यार्यें से अनुरोध है कि महिला प्रकोष्ठ की कार्यप्रणाली को प्रभावी बनाने हेतु आवश्यक सहयोग प्रदान करें तथा उनके हितों की सुरक्षा, जागरूकता एवं शिकायतों के निवारण की प्रक्रिया को सुदृढ़ करने में सहभागिता करें।

अजय मिश्रा
(पी०सी०एस०)
कुलसचिव

प्रतिलिपि: निम्नलिखित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित :-

1. समिति के सदस्यगण।
2. उप कुलसचिव, प्रशासन।
3. प्रभारी, कुलपति कार्यालय, मा0 कुलपति जी के अवलोकनार्थ प्रेषित।
4. अभिलेख खण्ड।

अजय मिश्रा
(पी०सी०एस०)
कुलसचिव

7.2 University Commitment to Sexual and Reproductive Health

Dr. Bhimrao Ambedkar University, Agra is committed to promoting the health, safety and well-being of its students, particularly women and girls, through awareness programmes, preventive healthcare, medical consultations and linkages with professional health services. The University recognises that access to appropriate sexual and reproductive health information and preventive healthcare is an important component of student welfare, women's empowerment and community health.

Through the Women Cell, University Health Centre/Arogya Kendra, Community Radio 90.4 “Agra Ki Awaaz”, NSS and academic departments, the University undertakes health awareness and preventive-care initiatives for students, women employees, families and members of the surrounding community.

A significant example was the Free Health Check-up and HPV Vaccination Camp organised on the occasion of International Women's Day. The programme was organised by the University Women's Cell and Community Radio 90.4 MHz, with special support from the Chief Medical Officer (CMO), Agra. The camp was conducted at both the University Arogya Kendra, Khandari Campus, and Golden Jubilee Hall, Paliwal Park Campus, thereby extending health services to a wider group of beneficiaries.

7.3 HPV Vaccination and Cervical Cancer Prevention

One of the University's most significant initiatives related to sexual and reproductive health was the free HPV vaccination programme for girls aged 9–13 years. Human papillomavirus (HPV) infection is closely associated with cervical cancer, and HPV vaccination is an important preventive health intervention.

During the health camp, 50 girls aged 9–13 years received the first dose of the HPV vaccine free of cost. The vaccination was conducted under the supervision of trained medical professionals and nurses, with the support of the Chief Medical Officer, Agra.



The poster is for a free HPV vaccination camp. It features the university's name in Hindi: 'डॉ. भीमराव आंबेडकर विश्वविद्यालय, आगरा'. Below this, it says '(विश्वविद्यालय सामुदायिक रेडियो एवं महिला प्रकोष्ठ के सौजन्य से)'. The main title is 'निःशुल्क HPV वैक्सीन (टीकाकरण) शिविर'. A subtitle reads 'सर्वाङ्कल कैंसर से बचाव हेतु (9 से 13 वर्ष की बालिकाओं के लिए)'. It includes portraits of two women, likely the organizers. At the bottom, it lists the organizer as '90.4 'आगरा की आवाज' (विश्वविद्यालय सामुदायिक रेडियो)' and the special collaboration as 'मुख्य चिकित्सा अधिकारी (CMO), आगरा'. The date and time are 'मंगलवार, 10 मार्च 2026' and 'समय: प्रातः 11:00 बजे से दोपहर 2:00 बजे तक'. The location is 'आरोग्य केंद्र, स्वामी विवेकानंद परिसर, खंदारी, आगरा'.



HPV टीकाकरण से बेटियों को मिली सुरक्षा की ढाल

AGRA (11 March): अंतरराष्ट्रीय महिला दिवस के अवसर पर डॉ. भीमराव आंबेडकर विश्वविद्यालय, आगरा में चार दिवसीय कार्यक्रम का आयोजन किया गया. कार्यक्रम के तीसरे चरण में महिलाओं और बालिकाओं के स्वास्थ्य संरक्षण हेतु निःशुल्क HPV टीकाकरण और व्यापक स्वास्थ्य जांच शिविर आयोजित किए गए.



खंदारी परिसर के आरोग्य केंद्र और जुबली हॉल में 50 बालिकाओं का टीकाकरण किया गया, जिससे उन्हें सर्वाइकल कैंसर से सुरक्षा मिलेगी. स्त्री

रोग विशेषज्ञ, फिजीशियन, काउंसलर और फार्मासिस्ट द्वारा परामर्श और आवश्यक दवाइयां भी उपलब्ध कराई गईं. विश्वविद्यालय का महिला प्रकोष्ठ और सामुदायिक रेडियो 90.4 'आगरा की आवाज' इस पहल में प्रमुख भूमिका निभा रहे हैं. कुलपति प्रो. आशु रानी ने कहा, 'बेटियों का स्वास्थ्य सुरक्षित होगा तो समाज सशक्त होगा.'

7.4 Women-Specific Health Screening and Medical Consultation

The University health camp provided women and girls with access to medical screening, professional consultation and health guidance. More than 200 women and girls benefited from health services provided across the two campuses. Beneficiaries included female students, women faculty members, women employees and their family members.

The health screening included: Blood pressure assessment, Blood sugar testing, BMI assessment, General physical examination, Dental health examination, Heart-health assessment and consultation, Anaemia-related consultation, Thyroid-related consultation, Women-specific health consultation and Nutrition and lifestyle guidance.



7.5 Health, Nutrition, Hygiene and Women's Health Awareness

In addition to clinical screening, the University organised counselling sessions focusing on women's health, nutrition, hygiene and government health schemes. These sessions were designed to improve awareness and encourage women and girls to seek appropriate healthcare and adopt preventive health practices.

The University also organised a Health Awareness and Diet Counselling Programme through the Institute of Home Science under Mission Shakti Phase-5. Approximately 80–85 women and students participated in the programme. A senior dietitian from Yatharth Hospital provided individual dietary counselling and addressed issues including anaemia, nutrition, obesity and other nutrition-related concerns.

Such initiatives contribute to women's health by connecting students and women with qualified professionals and providing accessible information on nutrition and conditions that can affect women's overall health and well-being.



7.6 Community-Based Women's Health Services

The University's health outreach extends beyond the campus. On 8 March 2026, the Women Cell, in collaboration with the Chief Medical Officer (CMO), Agra, organised a women's health and government-schemes awareness programme in Khaspur village, Dayalbagh, Agra.

The programme targeted rural women and adolescent girls and included information on health, nutrition, hygiene and mental health, along with information about government healthcare schemes and access to health services. The CMO's medical team provided health guidance and distributed essential medicines, while information regarding Ayushman services was also provided. A mental-health counsellor additionally provided counselling to participants.

Approximately 85–100 beneficiaries, including rural women, adolescent girls and local residents, participated in the programme. The report records positive feedback regarding the health consultation, medicine distribution and counselling services.



The University provides sanitary napkin vending facilities along with safe and environmentally responsible disposal mechanisms to promote menstrual health, hygiene, and dignity.

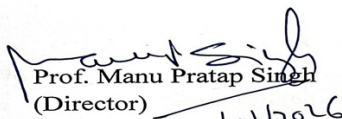


Dr. Bhimrao Ambedkar University, Agra
(Formerly: Agra University)
(A+ Grade, NAAC Accredited)

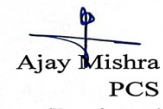
Date: 12/01/2026

TO WHOM IT MAY EVER CONCERN

Dr. Bhimrao Ambedkar University Agra has installed a sanitary napkin vending machine and university ensures safe and environment friendly disposal of used sanitary napkins.


Prof. Manu Pratap Singh
(Director)

Director
Institute of Engineering & Technology
Dr. B. R. Ambedkar University
Khandari Campus, Agra

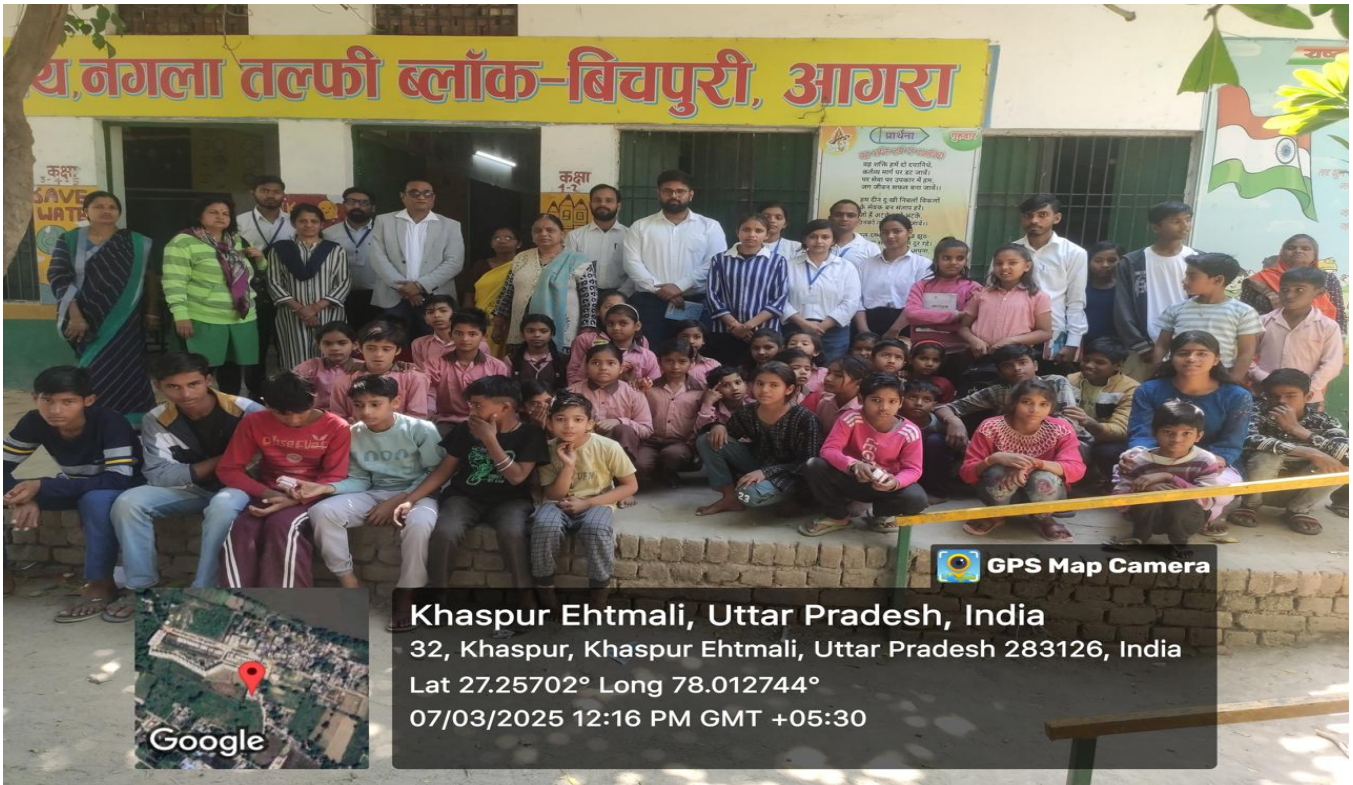

Ajay Mishra
PCS
(Registrar)

Registrar
Dr. B. R. A. University, Agra

Community Health and Well-being Initiatives

Dr. Bhimrao Ambedkar University, Agra, under the inspiration and guidance of the Hon'ble Vice-Chancellor, organised various competitive and awareness programmes for children of the Anganwadi Centre and students of the local primary school at Nagla Talfhi. These initiatives promote health, well-being, awareness, participation and holistic development among children in the surrounding community. Such community-oriented activities contribute to SDG 3 (Good Health and Well-being) by supporting the physical, mental and social well-being of children and strengthening the University's engagement with local communities.





माननीय कुलपति जी
डॉ. भीमराव आंबेडकर विश्वविद्यालय
की प्रेरणा से



माननीय कुलाधिपति आनन्दीबेन पटेल
 राज्यपाल उ. प्र. सरकार



ग्राम नगला तल्फी स्थित
आंगनवाड़ी केन्द्र
एवं प्राथमिक विद्यालय के छात्र एवं
छात्राओं के मध्य विभिन्न
प्रतियोगी कार्यक्रमों का आयोजन

दिनांक

संरक्षक :

प्रो. आशु रानी
 माननीय कुलपति

डॉ. भीमराव आंबेडकर विश्वविद्यालय, आगरा

प्रो. रणवीर सिंह

विभागाध्यक्ष, सामाजिक कार्य

कार्यक्रम समन्वयक :

डॉ. राजीव वर्मा

9. Mental Health Support for Students and Staff

Dr. Bhimrao Ambedkar University, Agra is committed to promoting the mental health and psychological well-being of its students and staff. The University provides institutional support through its mental health policy, awareness and sensitisation programmes, counselling and related well-being initiatives. These measures aim to promote positive mental health, encourage timely support-seeking and create a supportive campus environment for both students and employees.

The university is also having its mental health support policy- Dr Bhimrao Ambedkar University
<https://www.dbrausdg.in/policies>

ABOUT POLICY

Mental health and wellness support policy for students and staff

POLICY DETAILS

1. Short Title and Commencement

- This policy shall be called the "Mental Health and Wellbeing Policy for Students and Staff of Dr. Bhimrao Ambedkar University, Agra."
- This policy shall come into force from the date of its approval by the competent authority of the University.
- The policy shall apply to all students, research scholars, faculty members, officers, employees, contractual staff, and other members of the University community.

2. Preamble

- Dr. Bhimrao Ambedkar University, Agra recognizes that mental health and emotional well-being are essential components of personal development, academic success, professional productivity, and overall quality of life. The increasing academic, professional, social, and personal challenges faced by students and staff necessitate a supportive institutional framework that promotes psychological well-being, resilience, inclusiveness, and dignity.
- The University is committed to fostering a healthy, compassionate, and supportive environment that promotes mental wellness, prevents mental health concerns, reduces stigma, and ensures access to appropriate support services for all members of the University community.

3. Purpose

The purpose of this policy is to:

- Promote positive mental health and emotional well-being among students and staff.
- Create a supportive, inclusive, and respectful campus environment.
- Facilitate access to counseling, guidance, and mental health support services.

Mental Health & Diet Counselling Programme

A mental health and diet counselling programme was organised for students on International Women's Day. Experts addressed mental health, stress management, emotional balance and positive thinking, along with healthy dietary practices.

महिला दिवस पर विवि ने छात्राओं के लिए लगाया आहार एवं मानसिक स्वास्थ्य शिविर

स्वदेश समाचार ■ आगरा

विवि में अंतर्राष्ट्रीय महिला दिवस पर विभिन्न कार्यक्रमों का आयोजन किया जा रहा है, इसी श्रृंखला सोमवार को विवि की महिला प्रकोष्ठ एवं कम्युनिटी रेडियो 90.4 एफएम आगरा की आवाज के द्वारा गृह विज्ञान संस्थान में छात्राओं के लिए निःशुल्क आहार एवं मानसिक स्वास्थ्य परामर्श शिविर का आयोजन किया गया।

शिविर में डॉ. राजश्री भार्गव, मनोवैज्ञानिक शिवांगी वर्मा और शिवानी माहेश्वरी ने छात्राओं को मानसिक स्वास्थ्य, तनाव प्रबंधन, भावनात्मक संतुलन और



शिविर में छात्राओं को जानकारी देते विशेषज्ञ।

सकारात्मक सोच के महत्व के बारे में विस्तृत जानकारी दी, वहीं आहार विशेषज्ञ डॉ. उपासना शर्मा ने संतुलित पोषण, स्वास्थ्यवर्धक खान-पान की आदतों और बेहतर जीवनशैली के बारे में उपयोगी सुझाव दिए। मुख्य संरक्षक कुलपति प्रो. आशु रानी रहीं। संयोजन प्रो. अर्चना सिंह, सह-संयोजन डॉ. नीलम यादव और

नेतृत्व डॉ. नेहा सक्सेना एवं डॉ. अनुपमा गुप्ता ने किया। इस अवसर पर महिला प्रकोष्ठ की सदस्य डॉ. मोनिका अस्थाना, डॉ. रश्मि शर्मा, पीआरओ पूजा सक्सेना, प्रो. अचला गक्खड़, डॉ. संघमित्रा गौतम, डॉ. दीप्ति सिंह, डॉ. प्रीति यादव, प्रज्ञा, तरुण श्रीवास्तव, अमित सहित अन्य लोग उपस्थित रहे।

Mental Health Counselling under Mission Shakti

As part of the University's community outreach, a mental-health counsellor provided counselling to women and adolescent girls, covering the importance of mental health, stress management and positive thinking. Around 85-100 beneficiaries participated



महिला दिवस पर लगा निःशुल्क आहार एवं मानसिक स्वास्थ्य परामर्श शिविर

एनएनआई

आगरा। अंतरराष्ट्रीय महिला दिवस पर डॉ. भीमराव आंबेडकर विश्वविद्यालय में लगातार विभिन्न कार्यक्रमों को श्रृंखला के साथ मनाया जा रहा है। इसी क्रम में आज दूसरे दिन, छात्राओं के स्वास्थ्य और जागरूकता को ध्यान में रखते हुए निःशुल्क आहार एवं मानसिक स्वास्थ्य परामर्श शिविर का सफल आयोजन विश्वविद्यालय के गृह विज्ञान संस्थान में किया गया। यह कार्यक्रम विश्वविद्यालय की महिला प्रकोष्ठ तथा कम्युनिटी रेडियो 90.4 एफएम आगरा की आवाज के संयुक्त तत्वावधान में आयोजित हुआ।

कार्यक्रम को मुख्य संरक्षक कुलपति प्रोफेसर आशु रानी रहें। शिविर का संयोजन



प्रो. अर्चना सिंह तथा सह-संयोजन डॉ. नीलम यादव के कुशल नेतृत्व में डॉ. नेहा सक्सेना एवं डॉ. अनुपमा गुप्ता ने संचालित कर कुशलता से संपन्न किया।

इस शिविर का मुख्य उद्देश्य छात्राओं में संतुलित आहार, मानसिक स्वास्थ्य, तनाव प्रबंधन तथा स्वस्थ जीवनशैली के प्रति

जागरूकता बढ़ाना था। समाधान केंद्र, आगरा की मानसिक स्वास्थ्य विशेषज्ञ टीम ने छात्राओं को व्यक्तिगत परामर्श प्रदान किए। टीम का नेतृत्व डॉ. राजश्री भागव (निर्देशिका) ने किया। उनके साथ मनोवैज्ञानिक शिवांगी वर्मा और शिवानी माहेश्वरी ने छात्राओं को मानसिक स्वास्थ्य, तनाव प्रबंधन, भावनात्मक

संतुलन और सकारात्मक सोच के महत्व के बारे में विस्तृत जानकारी दी। इसी क्रम में आहार विशेषज्ञ डॉ. उपासना शर्मा (पोलरिस न्यूरोसिस हॉस्पिटल, आगरा) ने संतुलित पोषण, स्वास्थ्यवर्धक खान-पान की आदतों और बेहतर जीवनशैली के बारे में उपयोगी सुझाव दिए। उन्होंने बताया कि उचित आहार और सकारात्मक जीवनशैली न केवल शारीरिक बल्कि मानसिक स्वास्थ्य को भी मजबूत बनाती है। शिविर में बड़ी संख्या में छात्राओं ने उत्साहपूर्वक भाग लिया और विशेषज्ञों से अपनी व्यक्तिगत समस्याओं पर चर्चा कर मार्गदर्शन प्राप्त किया। इस कार्यक्रम ने छात्राओं को अपने शारीरिक और मानसिक स्वास्थ्य के प्रति जागरूक होने तथा आत्मविश्वास के साथ स्वस्थ और संतुलित जीवनशैली अपनाने की प्रेरणा दी।

For Students- Dr. Bhimrao Ambedkar University, Agra provides students with access to free mental health support and counselling through the University's on-campus Aarogya Kendra. Students can approach the centre for professional guidance and counselling to address mental well-being concerns and receive appropriate support in a confidential and supportive environment.



10.SMOKE FREE POLICY

Dr. Bhimrao Ambedkar University, Agra is committed to maintaining a healthy and smoke-free campus environment. The University has adopted a Smoke-Free Campus Policy that prohibits smoking and tobacco use within the University premises and promotes awareness regarding the harmful effects of tobacco consumption. The policy aims to protect students, staff and visitors from exposure to tobacco smoke and promote a healthy campus environment.

ABOUT POLICY

Policy for some free campus



POLICY DETAILS

1. Short Title and Commencement

- This policy shall be called the "Smoke-Free Campus Policy of Dr. Bhimrao Ambedkar University, Agra."
- The policy shall come into force from the date of its approval by the competent authority of the University.
- The policy shall apply to all students, faculty members, officers, employees, research scholars, contractual staff, visitors, vendors, service providers, and all other stakeholders present within the University premises.

2. Preamble

- Dr. Bhimrao Ambedkar University, Agra is committed to providing a healthy, safe, and productive environment for learning, teaching, research, and administration. Smoking and the use of tobacco products pose significant health risks not only to users but also to non-smokers through exposure to second-hand smoke.
- The University recognizes its responsibility to protect the health and well-being of its stakeholders and to promote a culture of healthy living. This policy is framed in accordance with the Cigarettes and Other Tobacco Products Act (COTPA), 2003, and other applicable laws and regulations governing tobacco control in India.

3. Purpose

The purpose of this policy is to:

- Create and maintain a smoke-free and healthy campus environment.
- Protect all stakeholders from the harmful effects of tobacco smoke and related products.
- Promote health awareness and healthy lifestyle practices.
- Ensure compliance with applicable tobacco control laws and regulations.

The University's smoke-free policy is reinforced through clearly displayed smoke-free/no-smoking signboards at campus locations, informing students, staff and visitors that smoking is prohibited within the University premises.



You can add the Nasha Mukat Bharat/alcohol-addiction programmes, but put them at the end as supplementary evidence, not as evidence of the Smoke-Free Policy itself. The University also conducts awareness and sensitisation programmes addressing substance abuse and addiction, including initiatives under Nasha Mukat Bharat, which complement its efforts to promote healthy and responsible lifestyles among students.



The University further strengthens its commitment to a healthy and substance-free campus through awareness and preventive activities under the Nasha Mukat Abhiyan. An official University order has initiated a series of awareness activities, including lectures, awareness marches/rallies, street plays, seminars and documentary screenings, interaction with Narcotics Department officials, and collective pledge-taking and slogan-writing activities



डॉ० भीमराव आंबेडकर विश्वविद्यालय, आगरा
(पूर्ववर्ती: आगरा विश्वविद्यालय, आगरा)



पत्रांक : प्रशा०/438/2026 दिनांक : 25/07/2026

कार्यालय आदेश

माननीय राज्यपाल/कुलाधिपति महोदया के विशेष कार्याधिकारी के पत्र संख्या ई-4963/32/जी.एस./2025-XVIII दिनांक 22 जुलाई, 2026 के माध्यम से प्राप्त निर्देशों के अनुपालन में विश्वविद्यालय में "नशा मुक्ति अभियान" के अंतर्गत विभिन्न जागरूकता एवं जनसहभागिता कार्यक्रमों के प्रभावी संचालन हेतु निम्नलिखित समितियों का गठन किया जाता है:-

क्र०सं०	गतिविधियों के नाम	समिति सदस्य का नाम
1.	नशा मुक्ति विषयक भाषण प्रतियोगिता का आयोजन	प्रो० रजनीश अग्निहोत्री डॉ० मोनिका अस्थाना डॉ० अंकुर गुप्ता
2.	05 कि.मी. पैदल मार्च/रैली एवं स्लोगन बोर्ड के साथ जन-जागरूकता कार्यक्रम	डॉ० अखिलेश सक्सेना डॉ० रवि शेखर शर्मा
3.	नाटक एवं नुक्कड़ नाटक का आयोजन	डॉ० रत्ना पाण्डेय डॉ० नीरज कुशवाह श्री पुरुषोत्तम
4.	स्वच्छता अभियान एवं वृक्षारोपण कार्यक्रम	प्रो० बी०डी० शुक्ला डॉ० राजेश कुशवाह
5.	नशा मुक्ति विषय पर व्याख्यान का आयोजन	डॉ० रूचिरा प्रसाद सुश्री श्वेता गुप्ता डॉ० जाग्रती असीजा
6.	नारकोटिक्स विभाग के अधिकारियों द्वारा विद्यार्थियों का मार्गदर्शन	डॉ० प्रवीन कुमार डॉ० के०के० पचौरी डॉ० शिखा कनौजिया
7.	नशा मुक्ति विषय पर सेमिनार एवं वृत्तचित्र (डॉक्यूमेंट्री) का प्रदर्शन	प्रो० देवेन्द्र कुमार डॉ० अमित गुप्ता डॉ० अंशिका हजेला
8.	नशा मुक्ति हेतु सामूहिक प्रतिज्ञा एवं स्लोगन लेखन कार्यक्रम	डॉ० मनोज कुमार डॉ० शार्दूल मिश्रा डॉ० अरविन्द राजपूत

समिति के सदस्यों से अनुरोध है कि उनके दायित्वों के अंतर्गत निर्धारित कार्यक्रमों का आयोजन दिनांक 08 अगस्त, 2026 तक अनिवार्य रूप से सम्पन्न करा लिया जाए। साथ ही प्रत्येक कार्यक्रम की विस्तृत रिपोर्ट अधिष्ठाता छात्र कल्याण, प्रो. भूपेन्द्र स्वरूप शर्मा को उपलब्ध कराने का कष्ट करें। जिससे कि सम्पूर्ण कार्यक्रमों की रिपोर्ट राज्यपाल सचिवालय को समयबद्ध रूप से प्रेषित की जा सके।


कुलसचिव

प्रतिलिपि :-

1. प्रो. भूपेन्द्र स्वरूप शर्मा, अधिष्ठाता छात्र कल्याण।
2. सम्बन्धित सदस्यगण।
3. उप कुलसचिव, कुलपति सचिवालय, मा० कुलपति जी के संज्ञानार्थ।
4. गार्ड फाइल।

/
कुलसचिव

The University organised a Nasha Mukt Yuva awareness programme to sensitise students, faculty and staff about the harmful effects of substance abuse. Participants took a collective pledge to contribute towards building a drug-free society and promoting healthy lifestyles.



Nasha Mukt Yuva – Public Awareness Rally

A public awareness activity was organised under the Nasha Mukt Yuva campaign, with students and faculty participating in an awareness rally carrying messages promoting a drug-free and healthy society. The activity encouraged students to actively contribute to substance- abuse prevention and community awareness.



Dr. Bhimrao Ambedkar University, Agra, through its NSS Unit, organized a street play and pledge-taking programme on drug de-addiction under **Mission Shakti Phase-5, Second Phase**. The programme aimed to create awareness among students and the community about the harmful effects of substance abuse and encouraged young people to adopt a healthy, drug-free lifestyle.



A speech competition on the theme of "Drug-Free Youth – Developed India Pledge Campaign" was organized at the university's School of Life Sciences. The objective of the competition was to raise awareness among the youth about the adverse effects of substance abuse and to inspire them to build a drug-free, healthy, and empowered society.



